

# G D V I A

Easy Chic

Volume 9 Issue 12  
March 2017  
₹ 150

## Fashion's FRESH Faces

Meet our new cover stars

### #GIRLBOSS

Ladies  
who launch  
& the new  
feminist

### SPRING BREAK

Ice cream hues,  
deconstructed  
shirts &  
romantic ruffles

The  
S/S 2017  
Trend Report  
Best Of  
Beauty & Style



IN THE LIPSTICK  
JUNGLE WITH  
CHRISSY TEIGEN

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# Europe's No 1 Style Magazine

GRAZIA MARCH 2017 VOLUME 9 ISSUE 12



55  
A SHIRT  
STORY

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**ON THE GRAZIA COVER**  
COVER GIRL MADHULIKA SHARMA is wearing an embroidered blouse, Hemant

& Nandita; crystal rings and earrings, all Atelier Swarovski

NAMRATA SHETH is wearing an applique wrap dress, Pankaj & Nidhi; rose gold 'V' pendant, metal charm bracelet, both Louis Vuitton

IRENE AUGUSTIN is wearing an embroidered tulle dress, Not So Serious by Pallavi Mohan; metal ring, Valliyan by Nitya

TJ BHANU is wearing a block printed dress with an encased sequined waist and skirt, both AM.IT; crystal ring, Isharya

**PHOTOGRAPH**  
Colston Julian

**SENIOR FASHION EDITOR**  
Pasham Alwani

**HAIR & MAKE-UP**  
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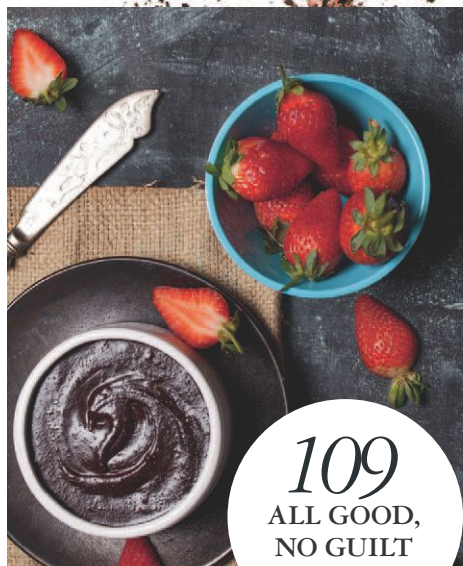
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63  
FLOUNCES  
ARE MAKING  
HEADLINES



109  
ALL GOOD,  
NO GUILT



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THE BEAUTY  
BATTLE



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# GRAZIA

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CHIC





## From the EDITOR'S DESK

It's been three years of scouting for fresh faces for our covers each March, and yet each time the excitement reaches a new high. Possibly because our winners last year became the most exciting faces to launch campaigns and look books, and went on to work with the best in the business post their wins (catch all the *Grazia* Cover Girl Winners from 2016 and their journey so far on our YouTube channel *Grazia India*). The new energy this year is palpable and we've managed to channel it towards our four new covers for this month – presenting Madhulika Sharma, Namrata Sheth, TJ Bhanu and Irene Augustin. Our winners are stunning faces no doubt, but they also exude a confidence that's bound to take them to greater heights in their chosen career tracks.

Fashion this season is a pretty palette of pastels as is evident on our covers. Ruffles, frills, diaphanous chiffons and flirty separates make for some romantic play with a decidedly whimsical mood. The Trend Report is a lesson in layering with some referencing from the 1980s, boudoir

dressing, with emojis and sketches thrown in. Offbeat is in, so add mismatched earrings and deconstructed shirts and then smudge the eyeshadow and sprinkle some sequinned love on your eyes. Don't miss the beauty predictions for S/S 2017 – to make matters simple we've pitted contrasting trends against each other. Now go ahead and choose what works best for you.

And for some more new and now, we introduce you to the 'ladies who launch' – six women across three cities who are changing our lifestyles, one shopping spree at a time. They define what it means to be a #girlboss. Confidence, vision and a determination to make it on their own – the present is clearly female.

Until next time,

*Mehernaaz*

Mehernaaz Dhondy



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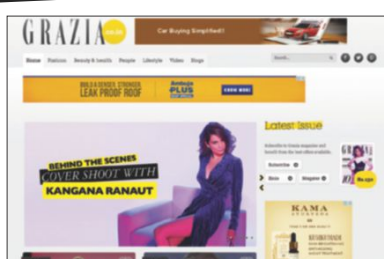


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## ON OUR TWITTER TIMELINE

@kinkyliboots

The gorgeously chic @Asli\_Jacqueline slays on the latest cover of @GraziaIndia!

@bollywood\_bee

@Asli\_Jacqueline unleashes her inner traveler on the latest cover of @GraziaIndia!

@ishaanmania

@Asli\_Jacqueline + @GraziaIndia + New York = lethal combination.

@natashasbox

Feb issue @GraziaIndia talks about sex and looks so good. Can't wait to read it all.

Feel fired up about something you've read in *Grazia*? Let us know...



### HEY, JACKIE

Your February issue was just incredible. Having my all-time favourite on the cover made it extra special. Her amazing photoshoot in the Big Apple and her genuine viewpoints in the interview further cemented why Jackie is my favorite actor. Also, those abs, torsos and biceps in *It's Getting Hot in Here* complement your sex special. All the sex talk in there makes one feel that maybe sometimes love just ain't enough.

APARNA BHATTACHARYA, MUMBAI



### BOLD AND BEAUTIFUL

Two of your stories – *Pleasure Beyond Parts* and *The Real Deal* – make me feel like your February issue was all kinds of bold and beautiful. I was genuinely impressed by the five bold trans-individuals who shunned hypocritical inhibitions and came out in the open. It's good to know their stories which are beyond the conventional ones on love, sex and dating.

RAJNEESH BATRA, NEW DELHI



### LET'S TALK ABOUT SEX

It's ironic that sex, despite being an inseparable part of our lives, is still kept under wraps and considered a taboo topic. However *Grazia*, through some bold, well-timed and vivid features, underlined that it's only a matter of perception as to how one looks at this domain of our life. I loved your stories on writing erotica, stopping slut shaming, the lives and loves of trans-people, among others on the theme.

KABIR BABU, NEW DELHI



### A TIMELY AFFAIR

Your February issue had men that were too hot to handle, but even hotter was the cover girl who carries inimitable charm and charisma. Jacqueline's story is a case study in making a niche through sheer dedication and commitment. I also found the candid account of the five trans-individuals very timely in the face of the fact that our society, of late, has been donning an especially hypocritical face that needs to be exposed.

B AJIT, NEW DELHI

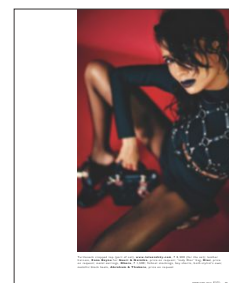


### NEW YORK, NEW YORK

Jacqueline Fernandez looked gorgeous on the cover of *Grazia*'s February issue. The Sri Lankan beauty queen has

managed to make it big in Bollywood. Her postcards from New York not only portrayed her beauty but that of the busy city as well.

SRINATH HR, BENGALURU



### S&M FTW

The #NSFW spread in your February issue was absolutely delectable. The borderline S&M hints added the perfect dose of oomph to a very

well-styled shoot. Thank you for avoiding the mush around V-Day and instead, focusing on sex and sexuality, and treating it in an adult manner.

MANJU GOPAL, HYDERABAD

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### PRETIKA MENON

Photographer, *Ladies Who Launch* (pg 70)

#### Q Your first big break?

When I worked with Tommy Hilfiger to shoot the Sunrisers Hyderabad IPL team. I had half an hour with cricketers Shikhar Dhawan, Kane Williamson, Trent Boult, and David Warner to get some portraits. It was quick and crazy.

#### Q A blunder you made on set?

One of my first shoots, from seven years ago, was to shoot portraits of four founding ladies of a book club. I hired the lights, got the women in position, and set up the shot, only to find that my lights refused to flash. I had to quickly refigure my shoot and did the entire session with natural light.



### TENZIN KYIZOM

Make-up artist, *She's All That* (pg 62)

#### Q A beauty trend you would like to kill?

I hate when someone has really good skin and they apply a lot of foundation and end up looking cakey. I also don't like it when people make eyebrows super sharp.



### ABHISHEK BABU

Photographer, *Ladies Who Launch* (pg 70)

#### Q Your first big break?

Covering AIFW S/S 2016 for Love and Other Bugs.

#### Q A blunder you made on set?

Talking about mistakes makes them one.



### COLSTON JULIAN

Born and raised in Mumbai, Julian started out as a cinematographer, but accidentally stumbled into his true passion, fashion photography. He finds inspiration in the form of comic relief in Bill Watterson's Calvin and Hobbes series. This month, he captures the *Grazia* Cover Girl Hunt 2017 winners, Madhulika Sharma, Namrata Sheth, Tenetti Joga Bhanu, and Irene Augustin in *She's All That* (pg 62).



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# FASHION CHARTS

We're well into March, but we're still reeling with a holiday hangover. Proposed antidote? A whole lotta colour



1

**Embroidered organza dress, Temperly London, ₹ 1,41,920**  
It's sad (or great, depending on your point of view), but nothing can cheer you up quite like a pretty, feminine tea dress. Colour, sheer and a great fit are the winning ingredients.

2

**Metal enamel earrings, Amrapali, ₹ 41,400**

The structured dangling earring is a spring mandate. These tick all the right style boxes, and then add an Indian touch.



3

**Chequered shirt, ONLY, ₹ 1,699**

Fortunately for all you millennials out there the 1990s is a fashion darling that looks like it's here to stay for a while. Case in point – the neo-classic knotted flannel shirt.

5

**Block heeled pumps, Aldo, ₹ 8,990**

Comfortable block heels in a metallic finish are all you need to seamlessly transition your wardrobe. They elevate the most basic look, quite literally.



4

**Straight-leg jeans, Marks & Spencer, ₹ 3,499**

Low-rise straight leg jeans are back and hot property. So dig them out, or alter them. Or better still – buy a new pair. It's a fashion must-have that you need right now.



# FASHION CHARTS



6

**Sequined dress, Diesel, price on request**

If a mood uplift-er is what you're after, sequins are the way to go. Dope out sequins with bold colours – and we've got a party on our hands.



9

**Painted denim shirt, GAS, price on request**

The denim shirt is a classic. A handpainted denim shirt? Sign us up now.



10

**Knit polo T-shirt, United Colors of Benetton, ₹ 1,899**

A retro polo T-shirt takes last season's 1970s nostalgia and marries it with our current obsession with minimal athleisure in the best way possible.

7

**Metal necklace, Bottega Venetta, price on request**

There's something indescribably charming about intricate floral jewellery rendered in tough metal. Think of it as delicate armour you need to brave a dysfunctional new world.



8

**Satin slip dress, Ellery at [www.net-a-porter.com](http://www.net-a-porter.com), ₹ 48,870**

The satin slip leads the 'inner wear as outerwear' revolution. It now finds its way into our wardrobe as a date night staple. Hotter than hot pink is just the juice you need to set temperatures soaring.





# BEAUTY CHARTS

KEEP CALM AND STOCK UP  
ON NEW BEAUTY BOOTY



**1 AIGNER DÉBUT, ₹ 6,000/100 ML**  
Spring and flowers might be the season's worst cliché, but when it's bottled elegantly like this, we don't mind jumping into the stereotype. The floral and fruity notes in Début are perfectly balanced, the green apple and yuzu with orange flower and water lily, leaving behind sexy wisps of jasmine heavily tinged with cedar wood.



**2 LAKMÉ ABSOLUTE ARGAN OIL LIP COLOUR, ₹ 750**  
Infused with argan oil and a delicious palette of colours, Lakmé's latest range of lippies is an impressive collection. They're super creamy and moisturising, with a rich colour payoff of shades that range from super flattering to on-trend must-haves.



**5 NYX PROFESSIONAL MAKEUP HIGH DEFINITION BLUSH, ₹ 600**  
Ten shades of blush might sound like overkill – but hey, if the shoe fits, we're getting them all. These super finely milled powders move from a hint of pink to deep oranges that glow when swiped on darker skin. The coral tones are universally flattering while the browns can double up as bronzers.

**4 CHANEL BLUE SERUM, PRICE ON REQUEST**  
Hopping from one continent to another, Chanel researchers identified blue zones – spots on the planet characterised by populations with exceptional longevity. The studies finally narrowed it to three ingredients – green coffee from Costa Rica, olives from Sardinia, and lentisk (an evergreen shrub) from Greece – which have been whipped into this serum that combats ageing, making skin appear smoother and firmer.



**3 SOULTREE FACE SCRUB, ₹ 350**  
Organic beauty products are crawling out of every nook and cranny, but few have the simple elegance of Soultree. Manufactured via sustainable farming, and internationally certified as 100 per cent natural and organic, this is a range worth splurging on – except that you don't have to, seeing their perfectly competitive prices. Our pick this month is their fine grained walnut and turmeric face scrub that physically exfoliates, while rose, lemon peel, and neem protect the skin.

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# 10 HOT STORIES

EVERYONE'S BEEN TALKING ABOUT

1

## # NOW TRENDING

A run-down of all the high-impact trends, styling tips and tricks you need to know from S/S 2017

Words NAMRATA KEDAR

Lakmé Fashion Week S/S 2017 got everyone talking about all the good reasons – to remind us that fashion is inclusive. With body positive message being the subtext, the TagFree show curated by stylist Kshitij Kankaria saw a bevy of 'nodels' (non-models) saunter down the runway. Disregarding gender was transgender model Anjali Lama and gender neutral model Petr Nitka who walked the ramp at LFW for the first time. To that effect, designer Narendra Kumar put his girls in power suits and sent out his boys caked in make-up, making a case for genderless fashion as well. Kumar made a comeback after a few seasons, as did designer Savio Jon after a sabbatical, all this amid unrelenting ruffles, pleasing pleats, voluminous sleeves, and the following trends.. »



Photograph KEEGAN CRASTO

The models prep themselves right before they hit the runway



### ◀ All in the details

Proceed fearlessly with unconventional accessories in a mix of bubble wrap footwear, kerchief necklaces and watches strapped to your ankle.

**Check out:** Paridhi Jaipuria, Anuj Bhutani and Eka

### STRANGER THINGS

Strange isn't always better, but occasionally embracing oddities and baffling sartorial choices can be a good thing.

### Sari blouse 2.0 ▶

Deconstructed shirts and ruffled blouses doubled as sari blouses, giving way to contemporary styles over traditional cholis.

**Check out:** Sailesh Singhania, Chaman Siju and Vineet Rahul







### Sharara redone ▶

Things just got bigger and bolder below the belt with voluminous *sharara* pants taking over as our go-to for an ethnic edge.

**Check out:** Gaurang Shah, Nupur Kanoi and Dev r Nil



### TRADITION REINVENTED

We go back to our roots to reimagine tradition in modern and alternate avatars.

▶ **Just dhoti it**  
Inspired by the *dhoti* drape, *dhoti* pants seem to be giving regular trousers a serious run for their money.

**Check out:** SVA by Sonam and Paras Modi, Amoh by Jade, Urvashi Kaur and Payal Singhal



### ◀ Cascading ruffles

It's a trend that's still going strong in its many iterations – unique fabrications, gutsy ruffles on sari hems, tiered ruffles and throat-constricting ones with Victorian undertones.

**Check out:** Jayanti Reddy, Ka Sha and Chola



### GO BIG OR GO HOME

They say size doesn't matter. We think the bigger the better.



### The super sleeve ▶

Voluminous bracelet sleeves, exaggerated cuffs and fishtail sleeves – big sleeves were all the rage on the runway, their proportions having reached the max.

**Check out:** Nishla Lulla, AM.IT by Amit Aggarwal and 431-88 by Shweta Kapoor

### A flare for peplum ▶

Turn attention to your waist and dress it up with a peplum.

**Check out:** Jayanti Reddy, Indigene and Nandini Baruva



### BACK FROM THE DEAD... ...with a bang

### ▶ Grin and bare shoulder

Shoulders have been the go-to erogenous zone, with everything from off-shoulder tops to shoulder cutout dresses being fair game.

**Check out:** Savio Jon, Tarun Tahliani and Ritu Kumar





2

## BIG EYES

Gear up for summer in the season's hottest sunnies

Words AISHWARYA DRAVID

In case you hadn't already noticed, apart from the clothes that celebrities wear on a day-to-day basis, even their choice of sunglasses end up on the lists of most-coveted-pieces-of-the-season. Case in point: Audrey Hepburn's tortoiseshell glasses in *Breakfast At Tiffany's*, Karl Lagerfeld's signature black sunglasses, Brigitte Bardot's white-framed square ones, and of course, all of Bono's sunglasses. There's a reason why we've graduated from wearing sunglasses only in the summer sun to wearing them all year round – they're

a staple. And Fendi's latest 'Can Eye' collection that just dropped has given us a new 'IT' item to add to our sartorial wish list. With two colour-contrast metal elements, scalloped edges, and studs on the edges, in all kinds of marshmallow colours, the 'Can Eye' collection is signature Fendi. Think oversized, bold, and tinted, the collection is inspired by Fendi's newest 'Kan I' bag, the other Fendi accessory that everyone's got their eyes on. Guess we know the trend to adopt this season – oversized and embellished. **LI**

**BASIC BASE**

Pair them with outfits in muted colours, so they stand out.

**GO BIG OR GO HOME**

Opt for clothes in feminine silhouettes to make up for bold, oversized sunnies.

**SHRINK IT**

For max runway effect, carry a bag in a similar shade. And 'micro' is the magic word this season.



# ELEPHANT IN THE ROOM

In its many iterations across designs, the elephant motif added a tinge of Indian exoticism to this designer's S/S 2017 collection

Words NAMRATA KEDAR

India strikes all your senses. It astounds and envelops you. It's magic. It's difficult to sum up in just a few words the impression that these places manage to leave you with. It's a mix of scents, lights, faces, energy, and their ability to engage in deep introspection," says Giorgio Armani, of India. That he romanticises India is palpable through his words and work. Since his first visit in the 1990s, Armani has made numerous references to our country, be it in the Amrari Prive Couture 2007 collection that saw Indian inflected silhouettes with bejewelled embellishments or the Giorgio Armani Menswear S/S 2009 collection that had models strike yoga poses in cropped dhoti pants.

In his latest, Emporio Armani S/S 2017, the designer made an excursion to India with models sauntering down the runway in pyjama suits speckled with micro elephant prints amid tailored trousers and several drawstring pyjama derivatives.

We think it's time to address the elephant in the room. »

**GRAZIA: What was the India connect in your S/S 2017 collection?**

**GIORGIO ARMANI:** In my mind, India is one of those places capable of enriching the soul with experiences, images, and is strong spiritually. Places like these gave me the inspiration for this collection, even though I prefer to filter my references to produce something contemporary and not so literal. The collection is highly eclectic. It's a trip in which strong, open-minded, curious women are the protagonists; women who take signs and cues from styles throughout the world and transform them into their own kind of personal expression.

**G: Tell us your thought process behind the motifs used?**

**GA:** With both the clothing and accessories, I decided to use prints with an exotic flair: elephant and fan patterns in bright, vibrant colour gradations that capture the eye and call to

mind a certain exoticism. I wanted the collection to be an eclectic kaleidoscope of sensations, while still respecting the standards of Emporio Armani's DNA.

**G: How is Armani's design philosophy a good fit with the culture and tradition of India?**

**GA:** I think that the Indian people can really appreciate my essential style, which is full of influences, love for vibrant yet pure adornments, and the naturalness of the lines which I prefer.

**G: You have over ten stores across the country. What is your opinion of the Indian market?**

**GA:** India has been undergoing a drastic change for several years now, and its economic development is unprecedented. It entered the third millennium as a leader, thanks to its technological research and aptitude for innovation. It's, without a doubt, a market that shouldn't be underestimated. **LI**

In micro all-over print or in a macro avatar, the elephant motif was seen scattered across designs

"The elephant is a clear reference to distant places that, in my idea for the collection, were conceived to bring character and uniqueness to the female figure. It's a symbol of good luck and positivity, perfect for the summer season"

— Giorgio Armani

A candid moment, as models wait to hit the runway

The accompanying accessories were a perfect amalgamation of east meeting west





# 10 HOT STORIES

'Evil eye' earrings,  
H&M, ₹ 1,500



Bandage dress, Diesel,  
price on request



Printed shirt,  
Turquoise and Gold,  
₹ 9,500



Handbag, Gucci,  
price on request



ROSIE ASSOULIN



Printed stilettos,  
Aldo, ₹ 8,990



MOSCHINO



Oversized sunglasses,  
Marc Jacobs,  
price on request





Be a part of the Powerpuff Girls and help save street style looks before bedtime



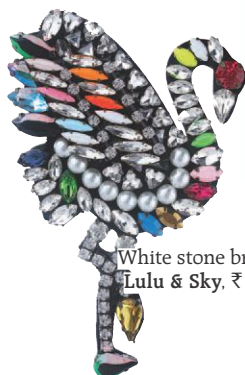
Sliders, [www.koovs.com](http://www.koovs.com), ₹ 995



Frill detail T-shirt, Zara, ₹ 990



Bag charm, Fendi, price on request



White stone brooch, Lulu & Sky, ₹ 2,999



Coin bag, Tumi, price on request

4

## DOPAMINE

## DRESSING

Bid adieu to the dark side and welcome a happier dose of fashion

Test the power of positive fashion that's been designed and curated to cheer up your spirits. The catwalks have been a packet of bright coloured gems – because wearing *La La Land* yellow and head-to-toe colour will act as a perfect antidote. And, who can ignore the unicorn in the room? So, by all means taste the rainbow and make merry (cue Snapchat filter).



ANIKET SATAM



Metallic texture patch, Anya Hindmarch at [www.net-a-porter.com](http://www.net-a-porter.com), ₹ 4,847



Cigarette trousers, [www.topshop.com](http://www.topshop.com), ₹ 1,800 approx



Phone case, [www.propshop24.com](http://www.propshop24.com), ₹ 690



Super Mario Bros sneakers, Vans, ₹ 4,999



5 *Label* **ALERT**

We are shifting focus on dexterity with Indian hand embroidery on modern silhouettes and handcrafted leather bags



**DESIGNER:** Bhaavya Bhatnagar & Rishi Baweja

**LABEL:** Hannan

**CURRICULUM VITAE:** Buddies since high school, Bhatnagar and Baweja went their respective ways after, with Bhatnagar pursuing fashion at FIT,

New York, and Baweja studying business at Kelley School of Business. The two eventually got together to create Hannan in 2016.

**EASY-CHIC VOTE FOR:** Juxtaposing the intricacies of Indian hand-embroidery against contemporary silhouettes to portray the former in a modern context. The statement separates offered are comfortable yet remarkable.

**QUOTE UNQUOTE:** "We love contrasting different fabric weights, inculcating fluid drapes within structure, and experimenting with fabric manipulation techniques like pleating."

**STOCKISTS:** [www.shophannan.com](http://www.shophannan.com)



'Coal bouquet' jumper, ₹ 22,750



'Ivory pleats' jumper, ₹ 6,500



'Coal grapevine' jumper, ₹ 16,250



'Fall confluence' jumper, ₹ 16,250



Pleated shirt, ₹ 11,700



'Coal vino' dress, ₹ 29,250



'Coal starburst' jumper, ₹ 16,250



'Tangled' tote, ₹ 12,500

'Feather' satchel, ₹ 13,500

'Feather' clutch, ₹ 8,200

'Loafer' sling, ₹ 8,600

'Rhythm' crossbody, ₹ 9,800

'Jazz' crossbody, ₹ 6,500

'Tangled' clutch, ₹ 8,500

'Fringe' bag, ₹ 8,900



**DESIGNER:** Rashmi Modi Poddar

**LABEL:** Rashmi Modi

**CURRICULUM VITAE:** A F Tech degree in leather design from National Institute of Fashion Technology (NIFT) facilitated better understanding of leather, a fabric that Poddar works with exclusively. Later, with a Masters in Fashion Entrepreneurship from University of Arts, London, Poddar merged her interest in leather and business to start her eponymous label.

**EASY-CHIC VOTE FOR:** Minimal and timeless bags that are both stylish and functional. The fringe detail adds a textural element to the leather-crafted bags that flaunt minimal fixtures.

**QUOTE UNQUOTE:** "Leather is the hero in all my collections. I ensure using as little hardware as possible to allow the artistry of the material speak for itself."

**STOCKISTS:** [www.rocknshop.com](http://www.rocknshop.com), [www.bunosilo.com](http://www.bunosilo.com), [www.nete.in](http://www.nete.in), [www.rashmimodionline.com](http://www.rashmimodionline.com)



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## 6 L A L A L A N D

We're going to be seeing a lot of Amit Sadh this year, and we're not complaining one bit

Photograph KEEGAN CRASTO Styling ASHTI KOTHARI Words DHVANI SOLANI

Suede shirt, Jack & Jones;  
jacket, H&M; sneakers:  
Hidesign; jeans, Amit's own

I never quite understood when I was told that there is a time for everything. Whatever happened to talent, hard work, grit and gumption? But I guess it seemed to fall into place when I met Amit Sadh – an actor who's been wielding all that paraphernalia for over a decade (along with being totally crush-worthy). But it's only this year that sees him shine bright, illuminating the worlds of cinema and the web, and making sure we all sit up and take note of his talent that we saw an inkling of through his earlier roles in *Sultan* and *Kai Po Che*.

"I feel this is a reward for everything I've gone through," he says earnestly. The 'this' he refers to is a packed year of releases and shoots. We just saw him with Taapsee Pannu in the very-delayed *Runningshaadi.com*

that sees a visibly younger Sadh. And we're soon to see him in biggies like *Sarkar 3* in which he plays the *sarkar's* (Amitabh Bachchan's) grandson; Tigmanshu Dhulia's *Yaara* for which he put on and then lost 22 kgs and trained like a wrestler would; Reema Kagti's *Gold* which recreates India's historic win in hockey at the 1948 Olympics and for which he is learning and practicing hockey everyday. Then there is a web series for Amazon Prime Video – *Breathe* – in which he brings a cop battling alcoholism to a computer screen near you.

"I have a *need* to act, create characters, make them feel something," he says. "If they stop paying me to act, I'll pay them. It's like having a psychiatrist and currently, I am lost in my own la la land because I'm finally at peace." There

are plans to write a book, kickstart a production house to create "small Indian stories", and take a gap year to go back to the mountains he loves, and globetrot for a while.

Why pause when all these big things are coming his way? "There is more to life than acting. Earlier, my acting would come from a place of anger and angst, but now it comes from happiness and light. It's just a job – a great one, but a job nonetheless. When I get dismantled in life, I go back to the time I was a security guard in a building. I need these to remind me of who I am. I don't call them breaks, I call them being alive."

When they talk of a time for everything, I guess this is the time for Sadh to make a permanent place for himself in our collective consciousness. **LO**



Tailored shirts+girly skirts is the sweetest thing



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[www.netaporter.com](http://www.netaporter.com)  
₹ 41,798



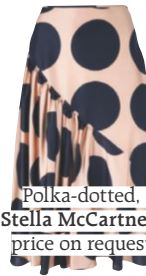
Pleated,  
Mary Katrantzou,  
price on request



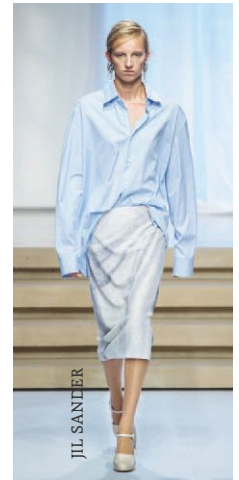
TALBOT RUNHOFF



'Gorilla' appliqué,  
Huemn Project,  
₹ 5,950



Polka-dotted,  
Stella McCartney,  
price on request



JIL SANDER



Overlap detailed,  
AND,  
₹ 1,999



Ruffled,  
[www.riverisland.com](http://www.riverisland.com),  
₹ 2,100

The appeal of a crisp shirt is timeless. You've worn it with a pair of denims, tiny shorts, as cover-ups, and going by the current wedding season, even with *lehengas*. This month we're digging frumpy, frilly and a pleated skirt combo with plain menswear inspired shirts to introduce a much needed sweetness to our wardrobe. **11**

COMPLETE WITH



Tie-up sandals,  
Call It Spring,  
₹ 2,999



Rivet detailed,  
Michael Kors Collection,  
price on request



Flat mules,  
VAPH,  
₹ 3,950



Sneakers,  
Zara,  
₹ 3,990





10 HOT  
STORIES

GRAZIA  
HEATED  
DEBATE

One would think that colourful walls and a guy playing the guitar would be a good addition at protest marches

8

# #IMARCHFOR

Are protest marches all hype or a real call to action?

On December 16, 2012, the gang rape of a 23-year-old woman in a moving bus in New Delhi and her subsequent death, took the country by storm. There were huge protests that forced authorities to conduct the trial in a fast-track court. On January 20, 2017, Donald Trump

was sworn in as the 45th President of the United States of America. The next day, more than four lakh people marched in Washington in support of women's rights. But, what next? We asked around to see if the voice of the people hold weight when it comes to driving real change. »



KARUNA NUNDY,  
ADVOCATE,  
SUPREME COURT

"Protests are feet on the ground; faces, minds and spirits out on the street. When I represent effective movements, I find this to be powerful tool of democratic expression. If you think back to the 2012 protests all over India for women's freedom against sexual violence, they translated to real change – anti-rape laws and better media reporting. People should be able to walk down Rajpath so that the leaders in Rashtrapati Bhawan and Parliament can see a democratic rising. Take demonetisation; there weren't enough organised protests. Had the government seen the dissent early on, maybe so many already disadvantaged people wouldn't have suffered."



RICHA CHADHA,  
ACTOR

"I don't think any bit of legislation has come for the betterment of any human being without there being a movement for it. One should not take the dissent of the people lightly."

For instance, in February, the Romanian parliament tried to issue a legislation that prevented government officials from being investigated on charges of corruption. There were huge protests, and the bill didn't get passed. So if we gather and make a noise, it'll be difficult for those in power to not listen."



SAPNA BHAVNANI,  
HAIRSTYLIST AND  
ACTIVIST

"Nobody is united enough in India to have a march like the one in Washington. Yes, the Nirbhaya protests started a fire. People are more open to talk about these issues, and cases are being fast

tracked because people stood up. But, I don't believe we have freedom of expression in our country. I can't make comments about my prime minister without being trolled. And till that basic democratic right is not taken care of, we're not going anywhere."



ABHINANDAN  
SEKHRI, CO-  
FOUNDER AND CEO,  
NEWSLAUNDRY

"Protests are an important part of the democratic process. Not all protests lead to policy change (Occupy Wall Street), sometimes they lead to a limited policy influence (Janlokpal protests), and

other times they can topple governments, like in the Middle East. What is important is that they ensure those in government never take power for granted and also that the citizenry remains engaged in governance."

Compiled by AISHWARYA DAVID



What do you think? Tweet to @GraziaIndia with your comment and add #GraziaDebate

We asked you...

**Ishika @IshikaB**  
@GraziaIndia it's important to raise your voice. It's the way citizens can actively participate #graziaheateddebate

**Chandni @Chandni22**  
@GraziaIndia We don't have the luxury of speaking our mind here whether it's one person or 20000 #graziaheateddebate



9

# FREEING THE BRA STRAP

Are you ready for a new feminist movement?

Words AISHWARYA DRAVID

The feminist fight has been a long and historic one. From the infamous 1968 bra-burning protest (they didn't actually burn bras so much as get rid of symbols of oppression like heels, make-up, and bras) to the more recent 'Free The Nipple' campaign, which aimed at desexualizing the nipple, the definition has evolved. Cut to the Christian Dior S/S 2017 show that marked Maria Grazia Chiuri's debut as creative director, where the message was obvious – femininity and feminism in the 21st century. From sheer dresses to slogan Tees, there were Dior bra straps and briefs under feminine dresses, all for the world to see. And that's not the only tryst with feminism that fashion has had this year. The season's biggest trend is the bra-let. We saw a variety of them at 3.1 Phillip Lim, Victoria Beckham, Altuzarra, and Alexander Wang to name a few. In India though, the movement hasn't seen an awakening yet. So we asked around if Indian fashion was going to follow suit and if the message was going to cross over. »



**NAMRATA JOSHIPURA**  
Designer, Namrata Joshipura

"I think Indian fashion is very unique to India. Of course, girls wear cropped tops and tiny shorts, but unless you're on a beach, you don't see people wearing bra-lets. But I think the same message and confidence is being delivered in the anti-fit movement that's big in India right now. To me, that's a sign of empowerment. The fact that women want to wear slouchy silhouettes and don't feel the pressure to show the shape of their body is empowering."



**KANIKA GOYAL**  
Designer, Kanika Goyal

"It's already crossed over, just not in those proportions. People are wary because they associate that trend with lingerie. I still do see people wearing lace straps under bustiers, and I think it's going to be one of the biggest trends next year. You can see more of it in Mumbai, in cities that are more fashion forward. But fashion is so new here. We've seen so much change till now, and it's still changing. Even this season, if you look at street style, at the audience that's coming to fashion weeks, they're all experimenting. You wouldn't see the masses buying it, but people who know fashion are."



**DHRUV KAPUR**  
Designer, DRVV

"I think some of the younger designers are actually more willing to make a feminist statement of sorts. But still, most of us are designing for our market. You can do it for the sake of your art but you can't expect women in India to buy those clothes. We have our own movement though. Women are ditching conventional ways of dressing. So many designers are doing agendered wear, which also has feminist undertones and takes the same stance."

# 10 SUIT-ABLE FOR SPRING

New forms of elegance and movement give us an updated office staple – the suit

Do you find it difficult to be dapper and comfortable? We've rounded up our favorite tailored separates that give cool and confident a 2017 spin.



HUEMN



Side zip tote,  
Charles & Keith,  
₹ 9,999



Creme trousers,  
Hemant & Nandita,  
₹ 18,400



Embroidered jacket,  
Hemant & Nandita,  
price on request



Leather mules, Aldo,  
price on request



Channel a cool  
androgynous vibe with  
tailored separates



Geometric print jacket  
and trouser set,  
Showshaa at  
www.perniaspopupshop.com,  
₹ 12,500



Striped shirt,  
Vero Moda at  
www.ajio.com,  
₹ 1,999



'Mitchner' sneakers,  
Call It Spring, price on  
request



PAYAL PRATAP



'Gingham' blazer,  
www.topshop.com,  
₹ 3,000 approx

Frill shorts,  
www.topshop.com,  
₹ 3,200 approx



Cropped T-shirt,  
H&M, ₹ 2,000  
approx



Metallic sandals,  
J Collection at  
www.jabong.com,  
₹ 495





We are crushing on this oh-so-cute Valentino minaudière for Spring

If there's one thing we obsess over more than handbags, it's what women keep inside them. Second only to the clichéd post-dinner party bathroom cabinet prowl, it's the secret contents of handbags (our friends', complete strangers', the Queen's) that never cease to fascinate us. I'm the first to admit to this unseemly fixation. Any chance to know which brand of lipstick and breath mints my BFF secretes between her copy of *Grazia*, *The Economist* and obscure poetry anthology and I'm there, eyes on stalks. But what's the big attraction?

Your handbag is your own private, portable world. What's inside is the essence of you, your essential kit to keep you going. It's akin to cutting open your brain and letting your innermost thoughts spill out. My favourite book

# Straight-Talking

## WHAT'S IN MY HANDBAG? WHAT'S IT TO YOU?

by NAVAZ BATLIWALLA

is a Kate Spade tome called *Contents*. It upended a number of anonymous handbags and photographed the insides – all crumpled receipts, leather agendas, clunky Nokia phones and Palm Pilots (Palm Pilots? Ask your mum). But alongside that outmoded tech lay the familiar totems of any woman's handbag, the same then as today. A well-used hairbrush, cute keyring, a loved one's photo or three, all messily stashed for moments of need. And in amongst the familiar, the downright peculiar. Latex gloves! A goat bell! What kind of person carries one of those?

And that's the crux of why we're so consumed with Other People's Handbags. That telltale intimate detail of a woman's life, unexplainable yet so intriguing. Who knew the straight-laced friend had a penchant for sneaky cigarettes, or that the fun-loving mom mainlines horror fiction? Women are known for sharing certain secrets – the name of a colourist, the new favourite bronzer – but some things are sacred, for our eyes only. And of course, *those* are the secrets we want to unearth, that show no one's as straightforward as they like to present.

It also explains our fascination with the celebrity handbag reveal. It's humanising. Hey, they're just like us – a matted hairbrush and lipstick stubs happen to superstars too! Interestingly, we don't care as much about men and what they carry in their pockets. Phones, ear buds and wallets hold no exotic surprises. But as men's bags get bigger and they start to fill them with additional necessities, that may change. Who knows, his choice of lip balm, reading matter and general detritus could yet reveal his hidden depths. ■

### WHAT'S NOT TO LOVE?

Wear your heart on your chest (or shoulder) with a deluge of heart motifs dresses, tops and bags. Valentino's gowns get our hearts beating.



VALENTINO



PRADA

### WOULD YOU LIKE FEATHERS WITH THAT?

Frou-frou feather details to accompany your day dress? If Prada decrees it, we're in...



From left to right:

On Namrata: Sheer embroidered dress, knit lingerie set, all Dior, prices on request; 'Charniere Astrologie' metal cuff, Hermès, ₹ 68,500; 'Christeriva 85' strappy denim heels, Christian Louboutin, price on request

On TJ: Embroidered midi dress, Not So Serious by Pallavi Mohan, ₹ 50,900; 'Madmonica' wedge heels, Christian Louboutin, price on request; 'Starry sky lariat' necklace with diamonds, The Line at Le Mill, ₹ 53,200



# SHE'S ALL THAT

They're bold, beautiful, and have articulate views on the world they're taking over – meet the *Grazia* Cover Girl Hunt champions: Madhulika Sharma, Namrata Sheth, TJ Bhanu & Irene Augustin

Photographs **COLSTON JULIAN**

Styling **PASHAM ALWANI**

Words **DHVANI SOLANI**


**D**on't get us wrong: we love seeing familiar names on the runway. But there is something exciting about unearthing raw talent, about scouting for those faces that will one day in the near future break the Internet. And there is no better way to do this than through the *Grazia* Cover Girl Hunt. The champs this year go beyond just being pretty faces, though pretty they are – they're vocal supporters of education; they're taking time out to maintain blogs; they're reading Karl Marx while awaiting their shot. In a way, we wanted our shoot with them to resemble their personas – pretty but with surprising pops of steeliness, transparency and grit. There's a new wave of models taking over, ladies and gentlemen, and we suggest you memorise their names, stat. »

**On Irene:** Knit bra-let, **Dries Van Noten** at **Le Mill**, price on request; jacquard high-waisted shorts and duster jacket, both **Hemant & Nandita**, ₹ 5,200 and ₹ 23,000 respectively; sheer dress, **Ilk**, ₹ 14,500; 'Veto' suede heels, **Jimmy Choo**, ₹ 53,300; metal charm necklace, **Dhora**, ₹ 4,200  
**On Madhulika:** Rhinestone mesh jacket, **Giorgio Armani**, ₹ 2,78,000; cotton shorts, **Carven** at [www.stylebop.com](http://www.stylebop.com), ₹ 20,540 approx; leather boots, **Tommy Hilfiger**, price on request



On TJ (left): Cold-shoulder ruffled blouse, **AM.IT**, ₹ 23,500; satin heels, **Nine West**, ₹ 4,799; stone ring, **Valliyan by Nitya** ₹ 2,530  
On Irene: Striped silk dress, **Rara Avis**, ₹ 11,900; 'V' necklace and ring, both **Louis Vuitton**, prices on request





The image features three models against a soft, pastel-colored background. The model on the left is leaning against a yellow wall, wearing a long-sleeved top with a black and white zigzag pattern and wide-leg pink trousers. The model in the center stands with hands clasped, wearing a long, flowing orange slip dress and metallic heels. The model on the right stands with one hand on her hip, wearing a sleeveless orange knit top and a pleated skirt with a black sequined hem, paired with black boots.

From left to right:

**On Namrata:** Embroidered sheer blouse, **Temperley London**, ₹ 41,695 approx; knit dress (used as pullover), **Missoni**, ₹ 41,223 approx; satin trousers, **Huemn**, ₹ 15,500; 'Lolita' embroidered heels, **Jimmy Choo**, ₹ 91,500

**On Irene:** Satin slip dress, **DKNY** at [www.stylebop.com](http://www.stylebop.com), ₹ 24,094 approx; metallic heels, **Nine West**, ₹ 6,999; moon necklace, **Valliyan by Nitya**, ₹ 6,500

**On Madhulika:** Knit dress, **Missoni**, ₹ 1,37,174 approx; metal cuff, **Pipa+Bella**, ₹ 899; 'Bottine Olga' metal heel boots, **Hermès**, price on request



From left to right:

On Madhulika: Printed camisole, **Emporio Armani**, ₹ 34,800; embroidered bomber jacket, **Not So Serious by Pallavi Mohan**, ₹ 25,800 ; high-waisted pleated trousers, **AM.IT**, ₹ 6,800; metallic mules, **Missoni**, ₹ 31,273 approx; 'Double bar' metal necklace, **The Line at Le Mill**, ₹ 31,700

On Irene: Bell-sleeved blouse, **MadSam TinZin**, ₹ 18,500; high-slit skirt, **Rohit Gandhi + Rahul Khanna**, ₹ 9,500; 'D-Astro Scorpio' and 'D-Astro Sagittarius' rings, both **Dior**, prices on request

On TJ: Ruffled dress, **Chanel**, price on request; block heel mules, enamel ring, **Misho**, ₹ 6,500; gold geometric ring, **Dhora**, price on request





On Irene (left): Embellished blouse, metallic blouse, both Rohit Gandhi + Rahul Khanna, ₹ 32,500 and ₹ 11,500 respectively; silk skirt, Emporio Armani, price on request; leather slingback heels, Michael Kors Collection, price on request; crystal ring and earrings, Atelier Swarovski, ₹ 13,324 and price on request respectively

On Madhulika: Ruffled blouse, Pankaj & Nidhi, ₹ 13,125; crepe trousers, Rohit Gandhi + Rahul Khanna, ₹ 10,500; sheer jacket, Falguni & Shane, ₹ 9,999; 'Escarpin Otto Lift' leather heels, Hermès, price on request; crystal earrings, Atelier Swarovski, ₹ 13,324





On Namrata (left): Floral blazer, Nishka Lulla, ₹ 16,850; 'Shield' necklace, The Line at Le Mill, ₹ 72,600  
On Madhulika: Embellished jacket, Rohit Gandhi + Rahul Khanna, ₹ 24,500; enamel ring, Misho, ₹ 6,500



**Meet: MADHULIKA SHARMA, winner**

**Who's that girl:** Sharma's doorstep is where model stereotypes come to die. This 19-year-old will talk to you about hegemony, Hegel, and soft power as easily as she connects with the camera. She hails from Assam, has lived in Guwahati for the majority of her life, and is now studying Political Science and Economics in New Delhi. You might have spotted her in campaigns for Fab India and Good Earth; look out for her in one for Raw Mango.

**That's what she said:** "You meet so many self-empowered women in north-east India that you naturally grow up self-actualised. Although I was a gangly grapevine while growing up and belonged to a society that idolised fair-skinned girls, I concealed my insecurities well. I took up modelling because I needed to venture out of my comfort zone. I find convention too boring, although until a year ago, I wanted to be a civil servant."

**Also:** Plays the piano.

**Tell us a secret:** "I'm a closet nerd, and would like nothing more than to discuss philosophy or even cheap TV soaps or random music with you."

**Meet: NAMRATA SHETH, first runner-up**

**Who's that girl:** This fresh-faced Mumbai girl used her free time on set to munch on pizza, thus proving, once and for all, that life really *is* unfair. Her career kicked off with her winning the *Bombay Times* Fresh Face 2012 hunt at 16. She bagged a TV ad and realised that nothing had interested her as much as being in front of the

camera. You might remember her from the Head & Shoulders advert and campaigns for Sabyasachi and Ritu Kumar.

**That's what she said:** "In my head, I am so many different people, and being in front of the camera gives me an opportunity to let those people out. I love the attention that comes with this job, but I've realised that this field has made me more unapologetic about being myself and more confident, although the latter is an ongoing battle."

**Also:** Is a student of journalism.

**Tell us a secret:** "I cry over every movie I watch. If it's a sad movie, I am a disaster."

**Meet: TENNETI JOGA aka TJ BHANU, second runner-up**

**Who's that girl:** Flip through TJ Bhanu's work, and you'll realise that she has that rare chameleon-like quality that allows her to stay true to the photographer's vision, and yet stand out in the most striking way. After working as a news anchor and a radio jockey in Raipur in Chhattisgarh, she arrived in Mumbai two years ago with nothing but little money and big dreams. While instant noodles helped save the bucks, the latter eventually got lit through campaigns for Huebn (for which she sportingly put on mouth braces), Raw Mango, Antar-Agni, and recently, a TV advert for Benetton India.

**That's what she said:** "My journey took me from barefoot to high heels. I used to religiously go for film auditions when I got here, and then borrowed a friend's heels to participate in *Femina* Miss India. I got through to the top 12, and that

helped me bag modelling projects. I love this world because it allows you to express yourself silently. My life is like a movie – nothing is easy, but everything is cinematic."

**Also:** Maintains a blog that chronicles her interest in "literature, love and the lens".


**Tell us a secret:** "I can get crazy angry in a jiffy, but never show it."

**Meet: IRENE AUGUSTIN, third runner-up**

**Who's that girl:** Augustin's story is the stuff movies are made of. It starts with a girl who plays basketball, goes swimming post school, and doesn't think of herself as particularly feminine, although those legs-for-miles have been a thing of envy for others. She was wearing a pair of baggy jeans and her brother's T-shirt when a photographer friend realised what a stunning picture she'd make. Cut to the girl continuing to pursue her interest in Psychology and Sociology, alongside flying around the country to walk for shows for A-list designers.

**That's what she said:** "I'm studying Psychology which is all about the mind, and working in an industry where so much is about your physicality. But I've realised how everything is actually about mind over matter. Starting out early has helped me become independent. I want to earn enough to fund a Masters in Criminology but until then, I'm enjoying every bit of this ride."

**Also:** Raps. Ask her to do a Nicki Minaj number. It's very cool, we promise.

**Tell us a secret:** "I grunt when I laugh out loud. That can be quite embarrassing." 

Creative Consultant **Kapil Batus**  
Assistant Fashion Stylist **Ashti Kothari**  
Digital Tech **Pratiksha Suryawanshi**  
Hair and make-up **Tenzin Kyizom** at **Inega Artists**

# LADIES WHO LAUNCH

Sparklingly erudite with impregnable ambition, these lady bosses are transforming the way we shop

Photographs KEEGAN CRASTO Styling DANIEL FRANKLIN, AVANI JUNEJA  
Art Direction AARTI THARWANI Words TANYA MEHTA



Aarti Patkar, founder,  
The Vintage Garden;  
Falguni Nayar, CEO, Nykaa

On a particularly toasty afternoon, the deafening din of weekend traffic is silenced as you step into the cool oasis of Patkar Bungalow, a mammoth Colonial style house in Bandra, Mumbai. “I went to an exhibition where it was a chaotic sea of people pouncing at any item they could get their hands on, a lady even yanked the *dupatta* off my neck. That’s when I decided this was no way to shop,” says Aarti Patkar, the owner of Patkar Bungalow, and the founder of Vintage Garden – a pop-up shopping paradise that takes place at the derriere of the house.

The act of shopping is said to release serotonin in your brain that alleviates your mood. As an experience it is known to distract, to make you feel in control. We call it retail therapy for a reason, it is therapeutic. Sophie Kinsella, author of *Confessions of a Shopaholic* summarises this emotion most aptly, “That moment. That instant when your fingers curl around the handles of a shiny, uncreased bag – and all the gorgeous new things inside it become yours. It’s like going hungry for days, then cramming your mouth full of warm buttered toast. It’s like waking up and realising it’s the weekend. It’s like the better moments of sex. Everything else is blocked out of your mind. It’s pure, selfish pleasure.”

While the Indian consumer wishes to preserve this sentiment, she is fatigued by the hyperactive culture of a brick and mortar store, and seems to be on a rampant quest for a retail experience tailor-made to her tastes and needs. A 2012 study from the *Journal of Consumer Research* states that consumers who are bumped into by other consumers (Accidental Interpersonal Touch) were likely to move away from the merchandise they were interested in and consequently leave the store. While the prospect of acquiring something new appears to be exciting, nobody wants to be jostled around in a crowd while they’re at it. In an effort to glean what it really means to be a #girlboss, we canvassed the minds of six women across three cities who have left us awestruck with their in-depth cognizance of the consumer, coupled with a crystalline

Hair SHRIKANT GAWALI, JEAN CLAUDE BIGUINE; Make-up EESHA SIKKA, JEAN CLAUDE BIGUINE



vision that's changing the retail landscape of India.

## THE BEAUTY OF BUYING

Falguni Nayar quit her illustrious job as Managing Director at Kotak Mahindra Capital on March 31, 2012 and started [www.nykaa.com](http://www.nykaa.com) in Mumbai on April 1. Five years later, India's largest beauty e-tailer boasts of a current revenue runrate of ₹ 300 crores. Nayar sensed the dearth of a multi-brand environment; she wanted to eradicate the tiresome process of visiting individual stores to gather cosmetics. Today, the website sells over 650 brands, from known labels like L'Oréal and Bobbi Brown to fresh names like LA Girl and Ciaté.

The initial struggles were real, when the website did not generate the expected traffic, but Nayar who seems to be the eternal optimist says, "Like the book *The Secret* says – If you truly want something, the whole world will conspire to give it to you." Harnessing the power of content with her acute interest in consumer research, Nayar sheds light on the diverse nature of the buyer. "We have three categories of consumers, 'beauty enthusiasts' who have a high awareness about products, on constant lookout for trendy items and ready to experiment. Then there's the 'make-up newbie' who's slightly wary with their choices; this where we introduce the educational factor of our portal to inform them about cosmetics that will work best for them. Finally, there's the woman who's short on time; she has the purchasing power and knows what she wants; in this case it's important to create a strong search system to provide her with choices at an efficient speed."

Nayar also highlights how

sophisticated and well-informed the Indian consumer is, and contrary to popular belief, the hot selling items are brow products, primers, concealers and beard oils for men. In order to ensure accuracy of purchases Nykaa provides skin-tone swatches, elaborate product descriptions and trusted customer reviews. There's also an in-house namesake brand that provides an array of premium quality products at affordable prices. "The Indian woman today seeks independence, she wants to feel like a true equal. We're dabbling into the lingerie sector and want to expand into accessories eventually," says Nayar.

A small but sure step at a time, Nykaa seems to be propelling into a whole new retail sphere, and is on its way to becoming a household name.

## CUE CURATION

"We are not a fashion label. We're more about style," says Ally Matthan, co-founder of Bangalore based company The Registry of Sarees. The website breaks boundaries of a conventional retail space and acts as a multifaceted portal. Fuelled by her personal passion for Indian handloom, Matthan joined hands with Kausalya Satyakumar, a seasoned textile expert, and Apoorva



Rashi Menda, CEO, Zapyle;  
Ally Matthan, co-founder,  
The Registry of Sarees

Sadanand, to construct a unique platform that directly introduces the artisan to a niche target consumer via a series of weaver engagement programs. Their most recent one featured an indigo dyer who conducted a workshop for a motley audience of 30 enthusiasts to learn the art of dyeing. "We work with these artisans at the ground level. The audience is then free to interact with them individually and explore business opportunities to employ their skills," she says.

The website sells a curated collection of saris that are by-products of design interventions carried out by the team in collaboration with the weavers. "We want to create stylised saris that are relevant, so they can be worn by a woman in her 20s or 40s. As a sustainable business module, a part »



of the proceeds from sales go towards conducting the learning events. We call this 'advocacy through industry', a phenomenon of learning through your work, while enjoying the success of a social endeavour by implementing fair practices," she explains. As a small-scale start-up, the company's main aim is to create select merchandise that is covetable and not subject to fading fads. "We are targeting people specifically interested in handloom. We have our set of loyal customers and our pieces get sold out quickly. We perceive revival as a category, but design as a progression of both lifestyle and business. Our saris are highly innovative; the collection from our latest process marries *kantha* work with *kanjeevaram* – an amalgamation of embroidery with weave. Our customers can also be assured of a one-of-a-kind sari. We definitely prefer quality over quantity," she adds.

Back in Mumbai, ex-fashion stylist and banker Aarti Patkar follows a similar philosophy when it comes to her pop-up exhibition The Vintage Garden. With a keen eye for products and attention to aesthetic, Patkar has a simple criterion for designers who wish to showcase in her space. "Either I should want to buy it for myself or purchase it as a present. I was turned off by the octonome structure observed at conventional exhibitions. I like introducing the audience to unknown designers. I make sure there's a balance in price points so one can splurge on a designer dress but can also pick a cheap hairband," she says. The pop-up that takes place every six weeks has housed the wares of cool upcoming labels such as Mogachea, Iyla and Urmi amongst others. "Word of mouth is my biggest marketing strategy. I'm not interested in attracting mass crowds." Patkar doesn't charge rent, she procures a commission off sales and is also present at her pop-ups to interact with the audience. "People from all over India collaborate with me. It's not cold-cut business, I want to provide a happy and cozy environment to everyone who visits, they can meet new people and even play with my dog."



Nidhi Agarwal, CEO  
Kaaryah: Anvita Mehra,  
CEO, Confidential Couture

## SOMETHING NEW, SOMETHING PRE-LOVED

Luxury reserves a special emotion in a buyer's heart – the aspirational virtue makes it not only product-centric, but also about the lifestyle that accompanies it. For 25-year-old Anvita Mehra, epiphany struck when she sold her beloved Louis Vuitton bag to fund a trip to Spain with her girlfriends. The booming market for pre-owned 'IT' bags is astonishing, and India seems to be a broadly untapped market to explore the concept. Armed with a degree in Finance from the University of Nottingham she

founded Confidential Couture with her friend in 2014 in New Delhi. While still in college Mehra carried out extensive market research to understand the complexities of the Indian consumer. "There was a lot of skepticism initially when we were trying to break through our target consumer base. Several people told me that I was out of my mind and something that is 'second hand' is tough to sell in this country. But, what helped our cause is the fact that we've always been extremely transparent with product details and conditions by providing information regarding any possible defect," says Mehra.

On Nidhi: Cotton camisole, slim jacket and flared trousers, all Kaaryah; crystal earrings, Amrapali; wood detailed ring, Swarovski; studded heels, Christian Louboutin  
On Anvita: Printed one shoulder dress, Roberto Cavalli



As the name suggests, Confidential Couture lends a comforting sense of anonymity for buyers and sellers alike. It categorises its products according to the state of use – brand new, gently used, fairly used. The team painstakingly carries out an authentication process on any item that comes in, after inspecting receipts, hologram codes and heat stamps. It also provides private viewings, has a seven-day return policy, and offers a 50-60 per cent discount on the actual retail price of an item. “Our buyers tend to be between 17-30 years, usually college students and work professionals. Our sellers consist of the rich elite. Brands such as Louis Vuitton, Prada and Chanel are the most popular, anything with large monograms and logos fly off the shelves, mid-luxury brands such as Michael Kors and Tory Burch create a lot of traction as well.”

Confidential Couture ensures the delightful post-shopping anticipation experience by providing customers with special dust bags and elaborate packaging to keep the excitement of unraveling a luxury purchase intact. For the financial year of 2015-16 the company churned out a turnover of ₹ 1.9 crore and aims to continue making luxury accessible to the masses.

Down south in Bengaluru, Rashi Menda, CEO of retail website [www.zapyle.com](http://www.zapyle.com) aims to construct a holistic destination to quench every consumer need. An ardent lover of fashion, Menda cut teeth at Ernst & Young in Tax Advisory, and then spent time working for a kidswear label where she gained extensive knowledge of the e-commerce industry. In July 2015 Menda went live with Zapyle, a market place that converges international brands, Indian designers, and high-street labels. It also acts as a platform for buying and selling pre-owned luxury. “When I started, I noticed a startling gap in the market. Consumers had the purchasing power but accessibility posed a major problem. Zapyle is a derivative of two words – zap and style; it’s all about fashion at your fingertips. We aim to be a one-stop shop for premium

and luxury goods,” she explains. Menda meticulously assembled a team of 16 members consisting of digital marketers, curators, and android developers including a CTO from IIT Madras. “We are primarily a tech company, a majority

## THE PRESENT IS FEMALE

Voyaging through their personal journeys, the modern female entrepreneur seems absolutely unstoppable. She’s defying traditions and drawing lines between fact and fiction about any glorified recipe for success. Case in point:

### 1. It’s all about what’s up there.

“Chin up, tits out, walk straight – body language matters” – Nidhi Agarwal

### 2. I’m CEO, bi#\*\$.

“I call myself the Official Dreamer, every workplace needs one” – Ally Matthan

### 3. Generating consumer traffic is key.

“It’s not about attracting a mass crowd, but a mature consumer who understands the product” – Aarti Patkar

### 4. Using celebrity-look references equates to product sales.

“The consumer is not star-struck; they want something current” – Rashi Menda

### 5. An education in fashion and luxury is a pre-requisite to getting hired.

“I was looking for motivated individuals who were willing to make a start-up a success” – Anvita Mehra

### 6. Harness content to make your products commercially viable.

“To preserve a long term consumer, you must be authentic about what you’re selling” – Falguni Nayar

of our consumers are from tier 1 and tier 2 cities. We provide a seamless shopping experience where one can buy a dress from us for ₹ 10,000, a few months later, we propose that they can sell it back to us for ₹ 6,000.”

Today, Zapyle offers international brands such as Kenzo and Moschino

as well as Indian designers like Varun Bahl and Ashima Leena. Menda believes in the concept of a ‘revolving closet’. “Today 42 per cent of our sellers have turned into buyers and 26 per cent of our buyers have turned sellers. Only 8 per cent of our products account for returns.”

## SUITING UP THE WORKING GIRL

While women wearing suits isn’t an anomaly, the chances of finding a well-fitted one seems slim. That’s why Nidhi Agarwal started [www.kaaryah.com](http://www.kaaryah.com), a digital store specialising in workwear that offers 18 sizes to cater to the Indian woman. The New Delhi-based entrepreneur previously worked at Honeywell India as a strategy director before she embarked on a new avenue. “Indian women have been struggling to find appropriate workwear for years now. I can vouch from my personal experience. There’s a deficiency of good brands and most of the garments are ill fitting. After a thorough market research of interviewing 1,500 women, I knew it was time for change,” says Agarwal. Kaaryah offers an array of tailored shirts, trousers and skirts with novel features such as anti-gape, tummy tuckers and expendable waists all crafted in high quality mill-produced fabrics. Charming potential investors was challenging and Agarwal faced innumerable rejections before she received the affirmative from industry heavy weight Ratan Tata.

“It’s so important to be articulate about your business plan and deliver a clear message. Our consumer is the ‘discerning go-getter’ – professionally and emotionally independent. The body is such a sensitive topic, so we use Predictive Data Analytics to map consumer demand, to understand what our next designs should be, along with their price points.” Agarwal leaves no room for compromise; Kaaryah offers personalisation and styling services, as well as 250 styles a month to cater to the woman on the go. ■



#### THE DROP WAIST

Forget a cinched in waist, or bodycon. The new 'IT' silhouette plays with proportions.

Silk tunic, silk trousers, both Nishka Lulla, prices on request; platform gladiators, Blur Accessories, ₹ 1,899

Denim patchwork shirt, denim patchwork trousers, both Doodlage, ₹ 5,200 and ₹ 9,000 respectively; mesh sneakers, model's own



#### THE TWINSET

Taking its cue from the pyjama suit, the twinset marries nightwear ease with urban street cred. Boxy silhouettes, and patchwork details are the icing on the cake.

## BAG LADY

Blogger and bonafide glamazon Juhi Godambe takes on spring's coziest trends. The results are a lesson on how to do comfy with a whole lotta' style

Photographs KEEGAN CRASTO  
Junior Fashion Editor DANIEL FRANKLIN



### THE ONESIE

Nothing says confidence quite like a drop crotch onesie. It may do nothing to flatter your figure but earns major brownie points in the effortless style department.



Cotton jumpsuit, **Bungalow 8**, ₹ 12,900; mesh sneakers, **Reebok**, ₹ 6,999

### THE BOYFRIEND BORROWED SHIRT

Update the classic soccer mom look of jeans and an oversized shirt by swapping them with cropped ones and a shirt with subtle feminine details, read bows on sleeves.



Cotton shirt, cropped jeans, both **Marks & Spencer**, ₹ 6,999 and ₹ 5,495 respectively; leather bag, block heels, model's own

### BAGGY LAYERING

Take an oversized dress, throw on a baggy knit cardigan, and finish the look with your gym shoes and you've got a winning snack-run outfit.

Cotton dress, **Ka Sha by Karishma Sahani**, price on request; knit cardigan, **Marks & Spencer**, ₹ 4,790; mesh sneakers, **Reebok**, ₹ 9,999





*Get to know  
the Indian  
fashion  
entrepreneurs  
making waves  
overseas*

Words TANYA MEHTA

# BLU LINES

At the culmination of his S/S 2017 runway show, Delhi-born, London-based designer Asish Gupta sauntered down the runway bedecked in a T-shirt that read 'Immigrant'. The aftermath projected many a hue and cry but made us realise that the world needs more unabashed Indian designers like Gupta, unfettered in their cause. We scoured lands far and wide to uncover three emerging design mavens, strikingly individualistic as they stand at the forefront of sustainability, avant-garde-ism and a new minimalism. »



ROHITAVA BANERJEE

*"I don't share any  
similarity with my uncle's  
aesthetic, and that's such a  
large part of who I am"*

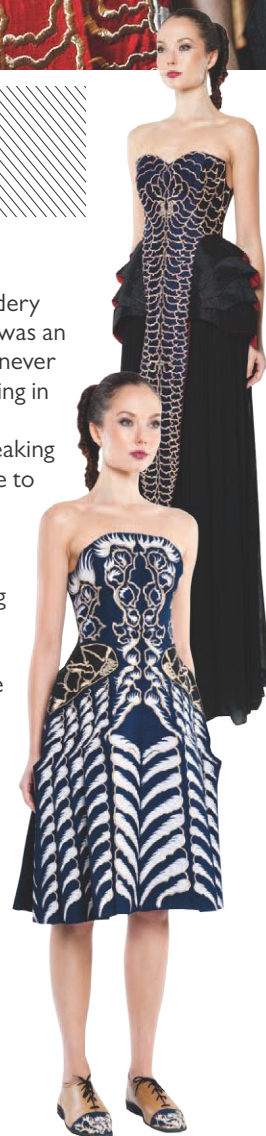
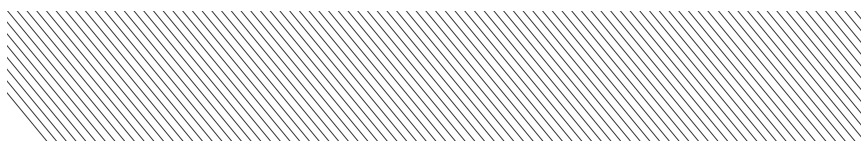


"I design clothes for power girls, the editors and the CEOs. I like dressing women who run their own lives; my clothing acts as armour that allows them to be the most intimidating form of themselves. Not to scare, but as a form of reverence," says 19-year-old Rohitava Banerjee. The whiz kid who is still in his junior year at the Parsons School of Design in New York made a debut at New York Fashion Week in February 2016 with his eponymous label. Banerjee and his family moved to New York from India in the wake of the 9/11 tragedies. "It was difficult for people who looked like us to integrate into American society at that period. I didn't have friends for the longest time. I used to bury myself in books. I've always been a history buff; the fantasy would transport me to a foreign place where I could find solace."

Banerjee's first tryst with fashion occurred when he revisited India after over a decade. "My uncle is a pretty renowned designer [Sabyasachi Mukherjee] and when I saw his work I was mystified, my eyes kept

darting towards the embroidery and craftsmanship, and that was an eye-opening moment. I had never been so certain about anything in my life."

Banerjee recalls how breaking the news of his career choice to his parents was challenging at first. However, after reassurance from his uncle, whom he interned for during multiple summer breaks, his parents gave him the green signal. Today they handle the finances for his label, while his sister designs shoes and accessories. Banerjee's fervent love for storytelling seeped into his design aesthetic, his Spring/Summer 2017 collection is inspired by the Ottoman empire. The regal line-up consists of structured silk dresses rife with decadent







ROHITAVA BANERJEE S/S 2017

zari embroidery, origami-esque pleats that unfurl strikingly over the shoulders, reminiscent of sheathing. The collection pays homage to the five sultans that ruled Turkey. The first section centres on Osman Gazi whose reign marked the growth of the empire. It's represented through tree motifs on the garments. The second focuses on Osman's son Orhan and features sharp silhouettes symbolic of his powerful military; the third reflects the reign of Mehmed the Conqueror that depicts Byzantine culture through embroidery; while the fourth section takes a turn with sombre hues of blue reflective of Selim I's bitter temperament. Finally the dynasty is ushered into its golden age with the accession of Suleiman the Magnificent, also known as *Kanooni* or lawgiver. Banerjee deftly mimics the law scriptures as embroidery to coat his exemplary garments.

Banerjee's work shows remarkable individuality without a speck of nepotism. "I don't share any similarity with my uncle's aesthetic, and that's such a large part of who I am. He's always asked me to find my voice." The young prodigy who set up an atelier in Kolkata aspires to push the envelope and strengthen his design philosophy with a fondness for the past, but a vision for the future.

Photographs PHIL PHAN & ALLAIRE BARTEL (Rohitava Banerjee) and KRISH NAGARI (Varun Sharma)



*"I want to make clothes that people genuinely want to wear, there is no bigger gratification than that"*

## VARUN SHARMA

Fashion and spontaneity are curious bedfellows. There are those who realise their passions from the get-go, while for some it's a matter of chance. Varun Sharma believes the latter occurred in his case. "I wasn't sure if fashion was the right thing for me initially. It's only after I graduated from Middlesex University in 2010 that I knew I've fallen too deep and this is what I want to do."

Designers often have complex layers of motives behind fabricating a label. For London-based Sharma, the idea is crystal-clear. "I want to make clothes that people genuinely want to wear, there is no bigger gratification than that. I want my garments to possess that feel-good factor, for women to be able to exude confidence and joy. That's when my label Run was born," he says.

The designer who has kin in New Delhi enjoys borrowing pared-down nuances from culture to rejuvenate them in a contemporary context. His Autumn/Winter 2015 collection borrowed inspiration from the Bonda tribe in Odisha. He was fascinated by the unusual draping of the sari and bold layered jewellery. He translated these aspects into a modern shirt cropped top reminiscent of an ethnic sari blouse; the sari drape was revived as a high-waisted skirt with frontal pleating. Sharma continues to explore his enchantment for tribes and ethnic clothing with his Spring/Summer 2017 collection 'Lineal' that uses Ethiopia's Hamar tribe as a focal point. "I have always been drawn to the meeting point of Western elements with tribal culture. Many times you notice tribal people dressed in garments from charity shops such as football jerseys which they mix with their ethnic prints. This confluence is terribly interesting."

Sharma goes on to infuse tradition with modernity. He borrows colour blocking and artisan beading worn by the tribes to create a luxurious spread of prints. Crafted in luscious silks and georgettes, the athletic notion is reborn through bold stripes that appear on wrap dresses, fluid jumpsuits and bomber jackets. The colour palette consists of chalky greys, subdued yellows and vintage lilacs to imitate the weathered-down nature of the actual garments. "Being Indian, I was raised with bright colours. My professors were a bit taken aback by my choice of shades. I had toned them down then, but subconsciously my heritage finds its way into my clothing. My winterwear is always a riot of bright hues," says Sharma. He admires the work of industry behemoths such as Manish Arora and Tarun Tahiliani, and hopes to expand into bridalwear in the near future. "All my prints are devised in India, the craftsmanship is exceptional. Design is a journey of exploration and I want to continue tailoring clothes for the modern woman." Run's clothing emanates simplicity with whiffs of cultural richness brought forward from lesser-known parts of the world, making them covetable to any contemporary wardrobe. »





SHIVAM PUNJYA

*"Buy better, but buy less"*

"Who made my clothes, where did they come from?" the label of your latest purchase reads 'Made in India'. The real answer remains at large. Abysmal working conditions and meagre wages are some of the known evils associated with the production process of fashion brands. Behno, a contemporary womenswear line chooses to break the norm. Shivam Punjya, Behno's founder visited India to dig deeper into his research about women's health. En route he discovered stunning textiles the country had to offer, but was astonished at the awful working conditions. He returned to New York where he collaborated with Ashley Austin, a talented American designer and set up an atelier in New York. Punjya then established a garment factory in rural Gujarat that tied up with a non-profit organisation MSA Ethos. The factory follows the 'Behno Standard' that champions women's rights, fair wages and safe working conditions.

One often equates sustainable labels to drab shapeless clothing. In an attempt to create a truly desirable product, Punjya carried out extensive market research. "We studied a focus group in San Francisco and asked them what they associated with 'Made in India'. We had three types of responses – Made in thrift shops; hippy dippy from the Tibetan store down the street; and poor quality. We had to break these stereotypes. We wanted our clothes to have a tailored aesthetic with a sharp focus on quality manufacturing," says Punjya.

The Behno Spring/Summer 2017 collection is inspired by the highly controversial USA elections that projected a looming air of disconnection. The brand perceived the New York subway as unifying zone in a foggy political climate. "The subway is a communal space where



everyone has a common goal – to get somewhere. It's a place where political opinions don't matter." The quintessential underground mosaic is photographed and integrated into a print on the garments; subway handles are replicated to act as zipper tags that artistically merge asymmetrical hemlines. Notions of detachment are displayed through deconstructed collars and lapels that peel away from shoulders, and the mundane pattern of the subway floor is brought to life through an embroidered suit.

Punjya also talks about the recently initiated Garment Worker Project that illuminates the lives of those behind the clothes. "We invited fashion photographer



Dan Smith and filmmaker Kent Matthews to MSA Ethos. We wanted to humanise the production process, and Dan took a series of intimate portraits of the workers while Kent interviewed them," says Punjya. The project has yielded stunning images aimed at augmenting visibility and awareness.

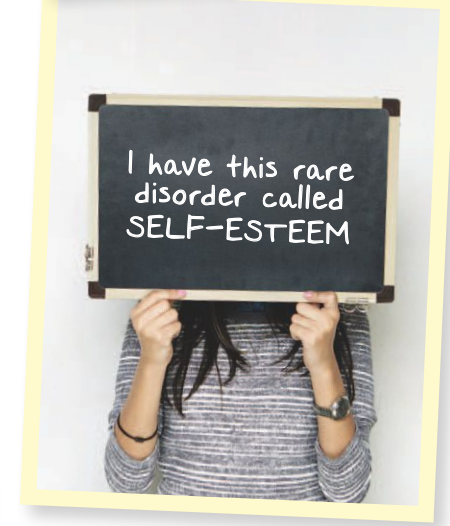
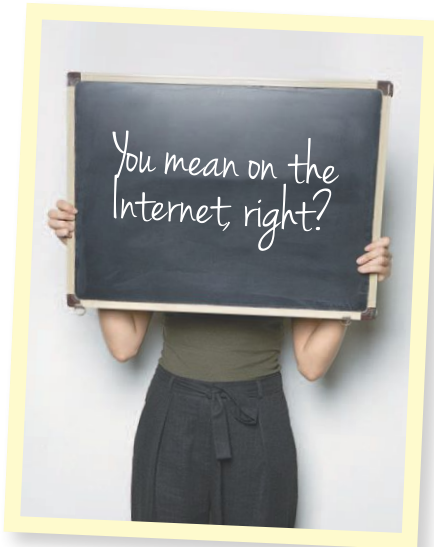
Punjya is hopeful that Behno will be instrumental in inculcating a purchasing education among young consumers. "Buy better, but buy less. Our consumer is an online-savvy buyer who isn't afraid of buying luxury that's made in a country where it isn't the first descriptive." Behno recently expanded into the handbag business –accessories are handcrafted in faux fur and the leather is a by-product of the meat industry, making it a truly global brand that marries style with sustainability and inviting everyone to be a guest. **W**

Behno S/S 2017



# I AM A TOUGH GIRL BECAUSE...

We list all our superpowers



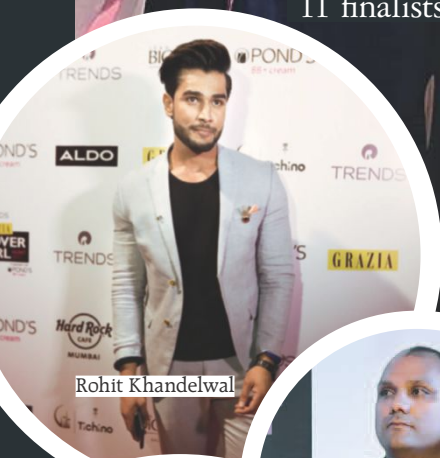




We found *Grazia's* cover girls – Tenneti Joga Bhanu, Madhulika Sharma, Namrata Sheth & Irene Augustin

# FASHION'S NEWEST 'IT' GIRL

11 finalists, 6 judges and fashion's who's who came together to witness the third edition of the *Grazia* Cover Girl Hunt



Rohit Khandelwal



Gaurav Gupta



Colston Julian

**JUDGY MUCH?**  
Meet our panel of judges who keenly identified the faces to watch out for



Malaika Arora Khan

Tamannaah Bhatia

**L**egs for miles, washboard abs, an infectious personality and spunky attitude – that's our definition of what makes the ultimate 'IT' girl. We set out on a massive search across four cities, Mumbai, New Delhi, Bengaluru and Guwahati, to unveil the hottest face that would be the face of your favourite designer's next campaign, and our new cover girl. The third edition of *Grazia's* Cover Girl Hunt presented by Reliance Trends and in association with Ponds BB+ did not disappoint.

The finale was judged by a stellar crew comprising of the stunning Malaika Arora Khan, Bollywood's fresh face Tamannaah Bhatia, design maven Gaurav Gupta, ace photographer Colston Julian, hunky Mr World Rohit Khandelwal, and *Grazia India* editor Mehernaaz Dhondy. The judges were given goodies by Chandon India,

Deliciae, Bombay Perfumery, Kama Ayurveda, beautifully packaged by Marry Me – The Store

The evening kicked off at Hard Rock Café, Mumbai, the ideal setting for a stunning fashion show that saw the girls strut their stuff in Reliance Trends and outfits by Deme by Gabriella, in hair and make-up by Jean Claude Biguine. The girls also flaunted fantastic footwear and accessories by Aldo and sparkly jewellery by Gili and Tichino.

The contest was followed by a memorable night of merrymaking as our delighted guests which included Maneka Thadani, Deepika Gehani, Sabina Singh, Ashita Misquitta, Porus Vimadalal, Prayag Menon, Prasad Naik and Raman Lamba swayed to the tunes of DJ *du jour* Sandunes aka Sanaya Ardeshtir. Ira Dubey hosted a lovely evening to remember that you can catch on NDTV *Goodtimes* soon. **W**





Ira Dubey channels 20s chic in a fringed skirt

Priyanka Bose goes modern in a metallic sari



Nachiket Barve stood out in a camo vest



WWM CEO Deepak Lamba with Varun Berry, MD, Britannia



The winners share a candid moment with the judges



Priya Kataria Puri looking boho-chic in a flowy kaftan



Nishka Lulla flaunts a creation from her S/S 2017 collection



The judges took home a fun hamper chock-full of goodies

## #SPOTTED

The influencers, the noisemakers and movers and shakers who made this a night to remember



Errikos Andreou in all-black everything



Models strut their stuff in sassy designs by Deme by Gabriella





Smita Lasrado



Arshia Ahuja



They come in packs – Divya Dhawan, Gabriella Demetriades and Ashika Pratt



Shriya Pilgaonkar opts for the classic LBD that never goes out of style



Mr World Rohit Khandelwal with the winners



But first, let me take a selfie – Malaika Arora Khan with Gaurav Gupta and Tamannaah Bhatia



Grazia's Pasham Alwani shares a laugh with Pooja Dhingra and Nimish Shah



Everybody's favourite restaurateur AD Singh is all smiles

### #CLICKCLIQUE

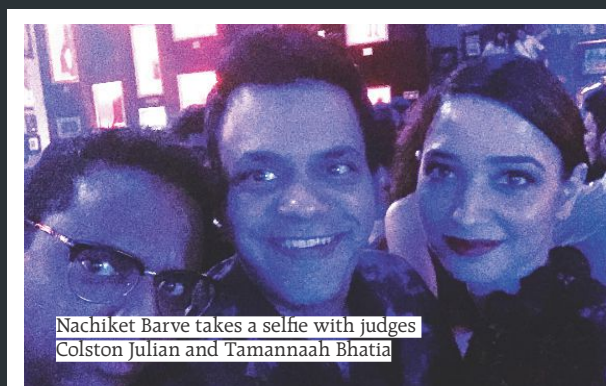
We tapped into various social media accounts to find that we created quite the buzz around town



Miss India Universe 2nd runner up Naveli Deshmukh with a friend



Team Grazia



Nachiket Barve takes a selfie with judges Colston Julian and Tamannaah Bhatia



## #INTHEMAKING

We stalked our team as they travelled across four cities to find the perfect cover girl among a posse of lovely ladies. We went behind-the-scenes and captured the candid moments before the flashbulbs went on



## #THEJUDGES

For the regional auditions our judges were a cool crew of talented photographers, designers and make-up artists. We also brought on board a model and choreographer for added insight. And ofcourse a *Grazia* representative

### GUWAHATI



From left to right: Navonil Das, Debarghya Bairagi, *Grazia's* Rituparna Som and Taras Taraporvala

### BENGALURU



From left to right: Ralph Daniels, Aneev Rao, Prashish More and *Grazia's* Mehernaaz Dhondy

### MUMBAI



From left to right: Erikkos Andreou, Rikee Chatterjee, Dr Rashmi Shetty, *Grazia's* Mehernaaz Dhondy, Lubna Adams and Payal Singhal

### NEW DELHI



From left to right: Narresh Kukreja, Shivan Bhatia, *Grazia's* Mehernaaz Dhondy, Deepa Verma, Harmeet Bajaj and Tarun Khiwal





A buzzing turnout at the *Grazia* Cover Girl Hunt

## #TRENDSETTERS

At *Grazia*, we are champions of easy breezy fashion and backing our motto is Trends who dressed our cover girls in their fresh, young and fun designs. The clothes comprised of the latest trends straight off the runway from edgy denims, summer-friendly cold shoulder blouses, light layering, denim cut-offs, cutesy overalls and some fun prints that added a graphic edge.

The girls strutted their stuff with oodles of attitude and sass, a spectacle that left the audience and the judges impressed.



Drape your shirt over a silky camisole to nail summer layering







Overalls are a summer staple



Models flaunt the season's latest fashion by Trends



The cropped top is here to stay and slay



The eager crowd waiting for the models to open the show



Denim on denim will never go out of style



We swear by denim cut-offs and flouncy blouses





A  
S H I R T  
S T O R Y

*Why stop at this season's deconstructed  
shirt trend? Go all out, and wear them  
upside down and inside out*

PHOTOGRAPHS **KEEGAN CRASTO**  
JUNIOR FASHION EDITOR **VINITA MAKHIJA**

Frill detailed shirt, **Chola**, ₹ 9,300; denim jacket, **Arabella**, ₹ 4,200; chequered trousers, **Urvashi Kaur**, ₹ 6,100  
shimmer pumps, **Clarks**, ₹ 5,499





Off shoulder shirt, [www.thelabellife.com](http://www.thelabellife.com), ₹ 1,690; quilted half jacket and metal rings, both **Dior**, prices on request; joggers, **Burberry**, price on request







Cotton shirt dress, **Maison Margiela** at [www.stylebop.com](http://www.stylebop.com), ₹ 78,232 approx; brocade trousers, **Dries Van Noten** at **Le Mill**, price on request; sandals, **H&M Conscious**, ₹ 7,999; sculpted ring, **Misho**, price on request



Draped shirt, **Antar-Agni** by **Ujjawal Dubey**, ₹ 16,500





Cropped pinstriped shirt,  
**Zara**, ₹ 2,290; frill detailed  
dress, **Hemant & Nandita**,  
₹ 33,800



Satin blouse with  
reverse buttons,  
**Quo**, price on  
request; knit corset,  
**Bias**, price on  
request; trousers,  
**431-88**, ₹ 16,000





One shoulder shirt,  
**Whim by Poorvi**,  
₹ 7,200; wide belt,  
**431-88**, ₹ 5,000; disc  
earrings and printed  
trousers, both  
**Emporio Armani**,  
prices on request; net  
detailed shorts,  
**Giorgio Armani**,  
price on request

Model  
**SOBHITA  
DHULIPALIA**

Hair and make-up  
**MITESH RAJANI**

# ‘FLOUNCE’ IS THE WORD

Ruffles, ruches and frills are going to rule this season

Photographs **JONATHAN GROSSMAN** Styling **TAMARA GIANOGGIO**



Dress, Elisabetta Franchi



Sheer blouse, Antonelli Firenze;  
silk skirt, Alberta Ferretti;  
leather sneakers, Hogan





Printed dress,  
Twinset Simona Barbieri







Cardigan, Pennyblack; dress, Valentino;  
leather shoes, Stuart Weitzman



Tulle blouse, **Manila Grace**



Printed dress, Fendi;  
briefs, Les Copains;  
sneakers, Hogan

Casting Isadora Banaudi  
Model Alina Schulzen @The Hive Management  
Makeup Elena Pivetta@Greenappleitalia.com using  
Urban Decay All Nighter Foundation  
Hair Maurizio Kulpherk for Cristian Castigliola  
Imperia @facetofaceagency.com



# GRAZIA

Easy  
CHIC





# THE *GRAZIA* S/S 2017 TREND REPORT

The balmy winds of change call for deconstructed dressing and unconventional layers. We're going bold with an eccentric '80s revival and a slinky fetish mash-up. Latex, emojis, mismatched earrings and surreal prints – Spring-Summer's offers profess everything off-kilter

LOUIS VUITTON





SAINT LAURENT



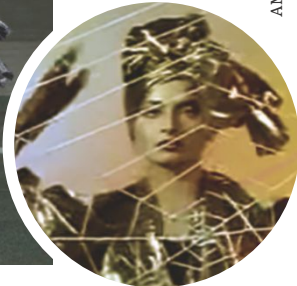
CHRISTOPHER KANE



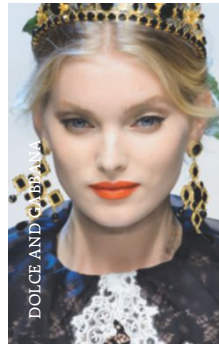
ROHIT GANDHI + RAHUL KHANNA



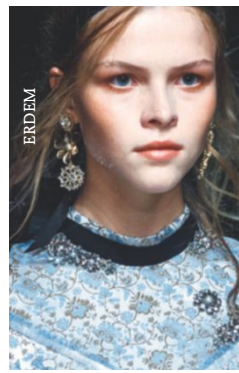
AMIT BY AMIT AGGARWAL



PREEN BY THORNTON BREGAZZI



DOLCE AND GABBANA



ERDEM



STELLA MCCARTNEY



JW ANDERSON

## WHAM GLAM, THANK YOU MA'AM

Like Rekha rising from the ashes in *Khoon Bhari Maang*, the shiny disco ball excess of the 1980s is back to haunt us. But this time it's like walking into a vintage store and taking bits and bobs, like sweetheart necklines, puffed sleeves, cinched-in waists, and a whole lotta lamé. Much like Anthony Vaccarello at the reigns of Saint Laurent.

## RELIVING THE '80s

The Spring-Summer 2017 runway unfolds like a 1980s music video in the best way possible. Think Grace Jones' sexiness with Cher's excess. But before you go pulling out your mother's lurex jumpsuits, take note, 'cause there is a mandate on how to shirk the costume and keep it fresh.



ALEXANDER MCQUEEN

## OUR LADY GRACE

No one ruled the '80s quite like Lady Diana. Her transition from kindergarten teacher to the Princess of Hearts held the world spellbound, and fashion was no exception. Her signature puff sleeved tea dresses are a clear inspiration for Sarah Burton's latest offering at McQueen while at Gucci, Michele has a more badass frill sporting Princess of Wales as muse.



GUCCI



ANTONIO MARRAS



BOTTEGA VENETA



CÉLINE



JIL SANDER



HUENIN



BALMAIN



## FULL ON FULL POWER

Take Joan Collins from *Dynasty* as your reference point; keep the shoulders strong and the lines clean. At Balenciaga, fashion's poster boy Demna Gvasalia does it with power shoulders upheld by whale bone over slinky minis. While at Delpozo, it's all about architecture and curves.



BALMAIN



DELPOZO



BALENCIAGA



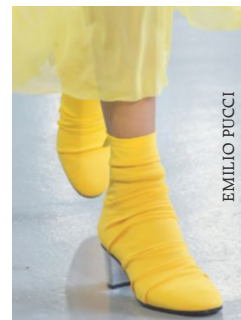


## LAYER LIKE A PRO

If there's anything to learn from Miuccia Prada, it's that sometimes more really is more. Yes, you can do better than just throwing on a cardigan or denim shirt, and explore a whole new world of layering. This season is all about thinking outside the box with an everything-but-the-kitchen-sink approach to dressing. We're talking about bustiers over knits, turtlenecks under summer dresses, off-shoulder tops with sleeveless sweaters, and more. Our personal pick? The trifecta at Huemn – sheer blouse+slip dress+culottes=perfection.



## Kitten heels



## Sock boots







ALEXANDER MCQUEEN

Embellished corsetry

## IMMA BAD GIRL

Take boudoir beyond the bedroom. It's time to pull out all stops on this coquettish trend that's not for the faint-hearted. All things lace, risqué transparency, PVC galore, and some good ol' leather are some of the elements that compose this foxy line-up.

FISH NET BASICS

YANG LI

HOT VINYL SEPARATES

SELF-PORTRAIT

RACY PRINTS

MOSCHINO

SENSUAL ARMOUR

JJ VALAYA & ALPANA NEERAJ

Vs

VICTORIAN COLLARS

GIAMBA

BRODERIE ANGLAISE

SIMONE ROCHA

TEXTURE MASH UP

ERDEM

INTRICATE NEEDLEWORK

SKIRT SUITS

BROCK COLLECTION

PRATIMA PANDEY

WALLPAPER PRINTS

DELPOZO

## I GOT IT FROM MY GRANDMA

We've figured how to make frumpy fab. Grandma's favourite Sunday dresses have received a contemporary update. Ruffles, high-necks and pleats make up all the wholesome goodness for your conservative choices.

BALENCIAGA

Mega obi belts

BALMAIN

Hardcore boots

COACH

Embellished sliders

DSQUARED2



PIUS TO PUGLISI

DOLCE & GABBANA





### EMBRACE THE EMOJI

An emoji can speak a thousand words – so where does it fit in the fashion scene? Looks from Dolce & Gabbana, Sanchita, Desigual and many more have created their own space to include technology with an interesting twist.

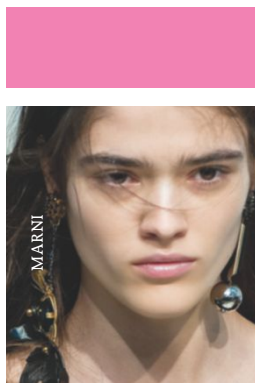
### GET SKETCHY

We're all about switching the equation of florals+spring=a match made in heaven. We're in love with the canvas-in-disguise dresses. Now hang your art in your closet, not in your living room.



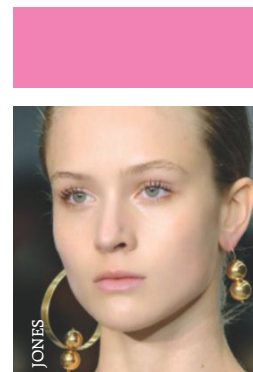
### INSTAGRAM INSPIRATION

The neon brush is not just attractive for Instagrammers, but to runway designers too. Prints or applied, the brush made its appearance on the ramp coupled with some modern energy.



### Mismatched Earrings

Two wrongs make a right, giving a much needed makeover to boring dangles and studs we've been pairing together. Go minimal like Mulberry or elaborate like Erdem to get in on the coolest details on the runway.





## DECONSTRUCTED CONSTRUCTION

Designers went Edward Scissorhands this S/S 2017, hacking and slashing fabrics to fashion pieces that take away from what is characterised as conventional. Take for instance the timeless trench coat – Yohji Yamamoto reimagined it lop-sided while Maison Margiela crafted a dress out of it.

Some of the best pieces were fashioned out of shirts by designers like DKNY, Claudia Li and Ann Demeulemeester.



### BACK FROM S/S 2016

Synonymous with 'easy glamour', Monse was not alone in carrying forward their eccentrically cut oversized clothing from S/S 2016. Labels like Tome and Jacquemus also rendered their clothes nearly unrecognizable in S/S 2016, while Delpozo and Proenza Schouler experimented with white shirts to amp it up.



### DECONSTRUCTED SHIRTING

The S/S 2017 runway saw a heavy helping of deconstructed shirts that were twisted and turned to elevate the wardrobe staple. There was a flurry of multiple shirts sewn together at Joseph, while Monse saw two halves of different shirts buttoned together.



### CLASSIC SHIRTING

While deconstructed shirts make an edgy statement, classic button-downs remain mainstays. We saw them parade in all forms – white, oversized and pinstriped in shows like Lanvin, Vetements and Stella McCartney respectively.

### DIY

Get a giant shirt. Let it slouch off your shoulder on one side. Wrap it around your waist in a messy way or slash a sleeve to make it one shouldered or unbutton the bottom to tie it up. With such variations, who wouldn't want one in their arsenal?







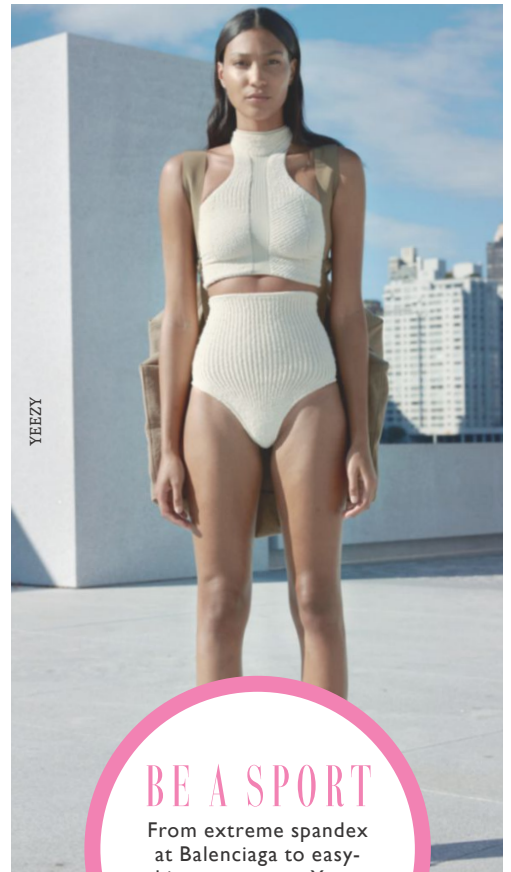
ANIKET SATAM



GUCCI



ALEXANDER WANG



YEEZY



HOUSE OF HOLLAND



IKAI BY RAGINI AHUJA



DKNY

## BE A SPORT

From extreme spandex at Balenciaga to easy-chic separates at Yeezy, athlesisure is still the trend the runways are banking on.



HEMANT & NANDITA

STELLA MCCARTNEY

CARVEN

VERSACE

## VINTAGE VIBES

Enjoy a little throwback via these retro inspired styles. Think 1950s style varsity jackets and tennis shorts.

JOSEPH

3.1 PHILLIP LIM

HUEMIN



ROBERTO CAVALLI

CÉLINE

FENDI

EMILIO PICCI

## Statement sunglasses

These tinted, perfect-for-a-rave party glasses are the cool-girl choice.

www.fashionatmyfingertips.co.in






GRAZIA 

GRAZIA GOES ONLINE.  
GET EASY CHIC ON THE GO.

Grazia, fashion's favourite magazine is now on the web. This means, our popular style tips and glamour grapevine are available for browsing on the go. And as your chicometer soars, share it, like it and tell us about it!

Grazia. Stay connected. Stay stylish.



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E-mags available on zinio.com and magzter.com



# FASHION

*Hello sunshine, this month we're all about being yellow. It's all over the runway from Coach to Kate Spade, and, there's a yellow for every skin tone. And along with it we're also road testing 'Hygge' – cozy and comfy living, at its stylish best*



Oversized sunglasses, Max & Co., ₹ 8,900; studded sling bag, Lulu & Sky, ₹ 5,400; butterfly earrings, Outhouse, price on request; enamel cuff, Hermès, price on request





# HIP, HIP HYGGE

*The world is embracing all things cosy and comfortable. It's time to extend it to our wardrobes too*

The Danish, quite literally the most chilled crowd there is, have introduced us to their native concept of *hygge* – one of the words of 2016.

A quick search on Pinterest boards will reveal *hygge* as warm croissants, comforting cocoa, the softest cottons, lushest moisturisers, warmly scented candles, giggles, cuddles and endless family time.

Happy to choose comfort over fashion, we've embraced *hygge* as an excuse to stylishly slob out. Think oversized and XL Tees, pool sliders with faux fur, cute and comfy socks. And if you're wondering how to nail this look for a party – remember a brocade or silk jacket over a pyjama set is an acceptable dress code. **LO**



Bomber jacket,  
Tommy Hilfiger,  
₹ 5,999



Silk blouse, Etro,  
₹ 9,051



Striped trousers,  
Marks & Spencer,  
₹ 4,499



Cropped T-shirt,  
Dhruv Kapoor,  
₹ 6,500



Scarf, Accessorize,  
₹ 1,999



Cropped sweatshirt  
Diesel, price  
on request



Faux fur slippers, Zara, ₹ 2,290



Fringed sandals, Tod's, ₹ 45,052



Paper-bag waist skirt,  
Hemant and Nandita,  
price on request



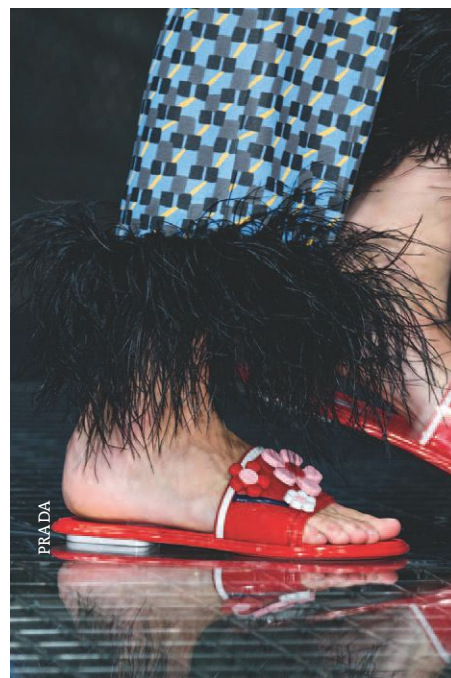
Pyjama set,  
The Dream Co at  
[www.perniaspopupshop.com](http://www.perniaspopupshop.com),  
₹ 2,400



Printed socks,  
Happy Socks, ₹ 800



Tie-up sandals, Michael Kors Collection,  
price on request



JUST  
ONE  
THING



'Happy Diamond'  
Chopard,  
price on request

## NIGHT-WATCH

*These timepieces might have been made for evening soirees, but it's time to break the rules and wear them through the day*



1 'Montre à secret', Piaget, price on request 2 'Policromia', Fendi, ₹ 53,556 approx  
3 'Jaryn', Michael Kors, ₹ 19,748 4 'Primrose', Guess, ₹ 8,500  
5 'Médor serti', Hermès, price on request



# LABEL WE LOVE

## MISBHV

Think about all the dance movies you watched growing up, the *Step Up* series, *Stomp The Yard*, *Take The Lead*, and try and remember the clothes – street wear with a side of sexy to go with it. That's Misbvh for you. It's been founded by Polish designer-duo Natalia Maczec and Thomas Wirski. The brand only just made their debut at New York Fashion Week with their spring 2017 line, but it's been making a mark in the streetwear circuit with its men's line for the last two years with a fresh take on street fashion. And that's the thing about Misbvh – The idea for the brand culminated when Maczec decided to design some parody designer T-shirts for their DJ friends. The rest as they say, is fashion history.

With absolutely no background in fashion, Maczec and Wirski who are both lawyers by qualification, the young Polish designers are constantly working to push the envelope. The label screams confidence, sex appeal and a hedonistic approach towards life, and takes inspiration from the club and skating culture in Poland. That's where the wide leg trousers in denim and patent leather, hoodies, button-downs, and monogrammed cropped tops come from. So it's no surprise that Misbvh has found fans in Rihanna and Lady Gaga.

Today, inspite of the fact that Maczec and Wirski only just showed in New York, the brand has an impressive international presence. They currently retail at Galeries Lafayette, Selfridges, FarFetch, and VFiles among others. And the fall line showcased in January, only enforces that Misbvh is here to stay. **■**

Available at [www.misbvh.com](http://www.misbvh.com)

Misbvh's S/S 2017 collection took inspiration from the rave culture in Poland and saw a lot of pieces in leather, patchwork denim and of the DIY-variety

### CELEBRITY PATRONS:

Lady Gaga, Rihanna and Ellie Goulding have all been spotted wearing pieces from Misbvh

Words AISHWARYA DRAVID



The pieces from Misbvh's A/W 2016 collection married glamour and street with gold dresses, oversized jackets and silver trousers among others



CLOSET  
CONSTRUCTION

# BABY GOT BACK

Forget the cleavage. The new mandates for sexy are focused on the back, front and centre

Photographs KEEGAN CRASTO  
Junior Fashion Editor DANIEL FRANKLIN  
Assistant Art Director NIKITA RAO



1

Jewel tones and thigh-high slits – if there is any way to make a backless dress even sexier, this would be it.

Silk dress, Deme by Gabriella, ₹ 12,900; peep-toe Mary-Janes, Christian Louboutin, price on request







2

If ultimate sexiness is what you're after, the pairing of all three of the following might be well advised. Noodle straps, sheer fabrics, and a whole lotta ruffles.

Silk gown, **Gauri & Nainika**, price on request

3

For those who like a hint on mystery, play the coy princess with delicately embellished sheers.

Jersey jumpsuit, **Namrata Joshipura**, ₹ 21,500; metal earrings, **Valliyan** by **Nitya Arora** ₹ 8,000.



4

If you're going bare-backed, why not go all out and flaunt them legs too?

Printed mini dress, **Hemant & Nandita**, price on request; metal earrings, **Valliyan** by **Nitya Arora**, ₹ 7,300; embellished velvet heels, **Sabyasachi X Christian Louboutin** price on request.







## ONE PIECE **Four Ways**

We urge you to explore the art of layering with the always-on-trend frilly bra-let







Leather, Little Liffner at [www.net-a-porter.com](http://www.net-a-porter.com), ₹ 51,479



Leather and straw, Dune, ₹ 5,500



Suede, Theory at [www.shopstyle.com](http://www.shopstyle.com), ₹ 19,825




Textured leather, Next at [www.jabong.com](http://www.jabong.com), ₹ 4,312



Pop coloured shoes+mini skirt+basket hoop bag, we've got the way forward sorted

# TREND SPOTTING

## HULA HOOPS

We are ringing in February with some new age handles to loop around your wrist. 



Leather, Zara, ₹ 2,290

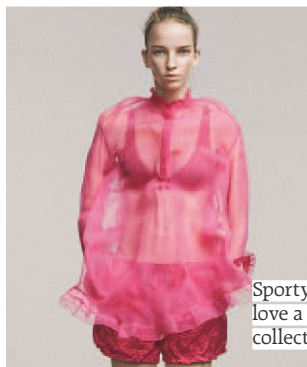


Leather, Avec Amour at [www.koovs.com](http://www.koovs.com), ₹ 1,799



GIVENCHY





Sporty meets feminine, we love a dash of fuchsia in a collection of monochromes



## SPORTY SPICE

Athleisure is our go-to trend, but we prefer it with a feminine spin

At first glance, the H&M Studio S/S 2017 looks like an easy, yet intriguing mix of femininity with contrasting details inspired by sportswear. We spoke to Pernilla Wohlfahrt, Head of Design and Creative Director, H&M to find out more about this collection that's striking and modern, resulting in attention-grabbing separates.



Pernilla Wohlfahrt

**GRAZIA:** Tell us about the new collection.

**PERNILLA WOHLFAHRT:** With the H&M Studio S/S 2017 collection, we want to send out a message of love, quite literally. We were inspired by

the grace, passion and strength of ballet, but wanted to put a modern twist on it, and so we incorporated elements of sportswear. There are feminine frills, lace, silks, translucent layers and voluminous pieces balanced by more sporty details like crinkled nylon, stripes, drawstrings and elastic bands. There are also some great accessories, such as leather slippers and reworked trekking sandals.

**G:** Why work with a monochromatic palette for spring?

**PW:** We were working with a lot of contrasts in the collection – ballet and sport, formal and casual, transparency and opacity, natural fabrics and technical ones – so a predominantly black and white colour palette punctuated with colour.

**G:** What key trends can we look forward to?

**PW:** Sportswear has been one of the strongest influences in fashion, and it was ideal to combine it with a more feminine, romantic story of ballet.

**G:** Any must-have pieces?

**PW:** It's always hard to choose, but the dresses are key. They have beautiful details such as frills or pin-tucks, but also have contemporary, sporty touches like drawstrings at the neck, waist and hem.

Log onto [www.hm.com/in](http://www.hm.com/in)

## ON THE STYLE RADAR



We are lusting after these statement baubles to embellish your outfit

## DIAMOND DAZE

We trace the trends behind the jewellery we will wear this S/S 2017

Federica Imperali, head of product development Forevermark let us in on the trend forecast for S/S 2017.



Federica Imperali

Spoiler alert: There are some jaw-dropping, gorgeous baubles ahead.

**GRAZIA:** What are the key trends for S/S 2017?

**FEDERICA IMPERALI:** It's all

about heritage. The first is called 'Now and Forever'. It's about bringing back something cool and re-actualising it to keep it alive. It can further be broken down into two sub-trends 'Eternitie' and 'Heritage'. The second is 'Nature's Beauty', which can be further broken down into 'Earth' and 'Sky'.

**G:** Tell us more about 'Now and Forever'?

**FI:** Under 'Eternitie' the infinity sign is the hero. We have interpreted it in different ways – some literal, some abstract, and some vintage. The other sub-trend

is 'Heritage' where you can see silhouettes from the Renaissance and Art Deco periods translated into jewellery.

**G:** How have you interpreted 'Earth' and 'Sky' into jewellery?

**FI:** Nature is something we feel close to as a diamond brand, because it takes us back to our philosophy of 'responsible sourcing'. Under 'Earth', the inspiration comes from animals. Elements used from the 'Sky' include stars that also guided our 'Artemis' collection with Bibhu Mohapatra.

**G:** How are these trends evolving?

**FI:** There are some key elements that subsist, like nature. What changes is the element you are incorporating. For example, this year, just like the last, we are taking inspiration from nature, but are more focused on the geometry of nature to create patterns.

Log onto [www.forevermark.com](http://www.forevermark.com)

# DIOR

by  
Mats  
Gustafson

Make the *Dior by Mats Gustafson* book your weekend date



## Bookmarked

We help you get your geek-on in style

What's a weekend without a good book? For those who concur, we have just the book for you. Bonus, if you are a fashionista. The House of Dior has just announced the release of *Dior by Mats Gustafson*. The tome contains exclusive illustrations of styles designed by Christian Dior, and reinterpretations of Dior haute couture and ready-to-wear collections. Grab your copy stat.

Log onto [www.dior.com](http://www.dior.com)

## THIS JUST IN

Your go-to haunt for designer goodies just stocked two new favourites

Your favourite designer wear is now just a hop, skip and jump away, at Le Mill. Adding more to their roster, the store will now stock Loewe and Rosie Assouline. The former is known for their leather expertise with a range of bags based on your personality. The latter is known to marry modern style with retro flair, offering dresses and trousers in tropical prints.



Feel rad with chic, retro styles

Available at Le Mill



This is arm candy we are never letting go of

## IF THE SHOE FITS...

A new collaboration is keeping us on our toes

Designer Arpita Mehta, known for her beautiful mirror work on opulent designs, favoured by fashionistas, is collaborating with Needledust, known for *jootis* so exquisite, you would ditch your sneakers in a heartbeat. The two have introduced ArpitaMehtaXNeedledust, a limited edition line of bespoke *jootis*.

We rate them high for their versatility – pair them with your jeans and white shirt on a regular day post wedding shenanigans.

Log onto [www.needledust.com](http://www.needledust.com)

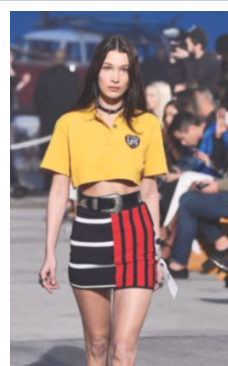
Match your *jootis* with your *lehenga* to make a statement



Tommy Hilfiger with Gigi Hadid and the model squad

## TWO BETTER THAN ONE

It's the second edition of this drool-worthy collaboration



In a world of instant gratification, Tommy Hilfiger's 'see now, buy now' initiative saw its second season. His S/S 2017 collection at Venice

Beach 'Tommyland' showcased TommyXGigi, the second collection with model Gigi Hadid. Inspired by the 'Summer of Love,' it was a nod to the laidback lifestyle associated with the west coast of America. The show included models Gigi Hadid, Bella Hadid and Hailey Baldwin among others.

Available at all Tommy Hilfiger stores across the country



# CHICONOMICS

Great style picks, all *under ₹5,000*



1



2



3



4



5



6

- 1 Oversized beach bag, Accessorize, ₹ 4,895  
 2 Metal chokers, Blueberry at [www.koovs.com](http://www.koovs.com), ₹ 599  
 3 Floral blouse, Marks & Spencer, ₹ 4,500 approx  
 4 Acrylic earrings, Crimson at Nimai, ₹ 2,400  
 5 Pleated wide leg trousers, [www.ajio.com](http://www.ajio.com), ₹ 720  
 6 Acetate sunglasses, Blur, ₹ 648  
 7 Printed bow belt, Shivan & Narresh at [www.perniaspopupshop.com](http://www.perniaspopupshop.com), ₹ 2,100  
 8 Sequinned sneakers, Zara, ₹ 3,990  
 9 Denim dress, H&M, ₹ 2,500 approx



7



8



9

# Style SOS



Malvika Vaswani

Trends got you in a tizzy? Fret not. We invited designer Malvika Vaswani to answer all your queries

Avoid wearing heavily printed clothes and let your jewellery do all the talking

DON'T



**Q** How do I keep my look understated through accessories?

– Tanvi via email

**A** I think earrings do the trick, no matter what you wear. With casual denims and a white shirt, or a dress, even prints, you just need to throw on a nice pair of earrings (my favourite are ear tops) and put your hair up in a fun way, and you're ready.

**Q** What type of necklines should I wear to match collar necklaces?

– Ankita via email

**A** Definitely more open, round necks. Alternatively, you could also try a turtleneck top or dress.

**Q** What are some classic pieces of jewellery I can invest in?

– Disha via email

**A** Well, I am a huge fan of earrings. My all time favourites are studs (slightly larger ones) as they match any kind of outfit and still look elegant. Metal cuffs are also a good option. They are easy, and can be worn on casual as well as formal occasions.

**Q** I like wearing statement accessories. How can I balance my outfit in this case?

– Erika via email

**A** Go for a solid coloured outfit if your accessories are statement. If wearing one colour feels boring, try colour blocking with separates. Also, give geometric or linear jewellery a try to spin things around. **It**

Send in your style dilemmas to [grazia@wvm.co.in](mailto:grazia@wvm.co.in), [facebook.com/GraziaIndia](https://www.facebook.com/GraziaIndia) or tweet @GraziaIndia



DO

Try pairing your statement jewellery with a solid colour like Heidi Klum

OUR TOP PICKS

Off shoulder top, AND, ₹ 1,899



'Parure Coquillages' cuff, Louis Vuitton, price on request



Colour block dress, Red Valentino at [www.netaporter.com](http://www.netaporter.com), ₹ 46,952 approx.



'Dior Tribales' earrings, Dior, price on request



Turtleneck top, GAP, ₹ 1,999



Denim trousers, Tommy Hilfinger, ₹ 5,999



# LOVE LOVE LOVE

Bringing together two hot trends  
– mirrored lenses and round  
frames – these shades are perfect  
for your mega summer vacay

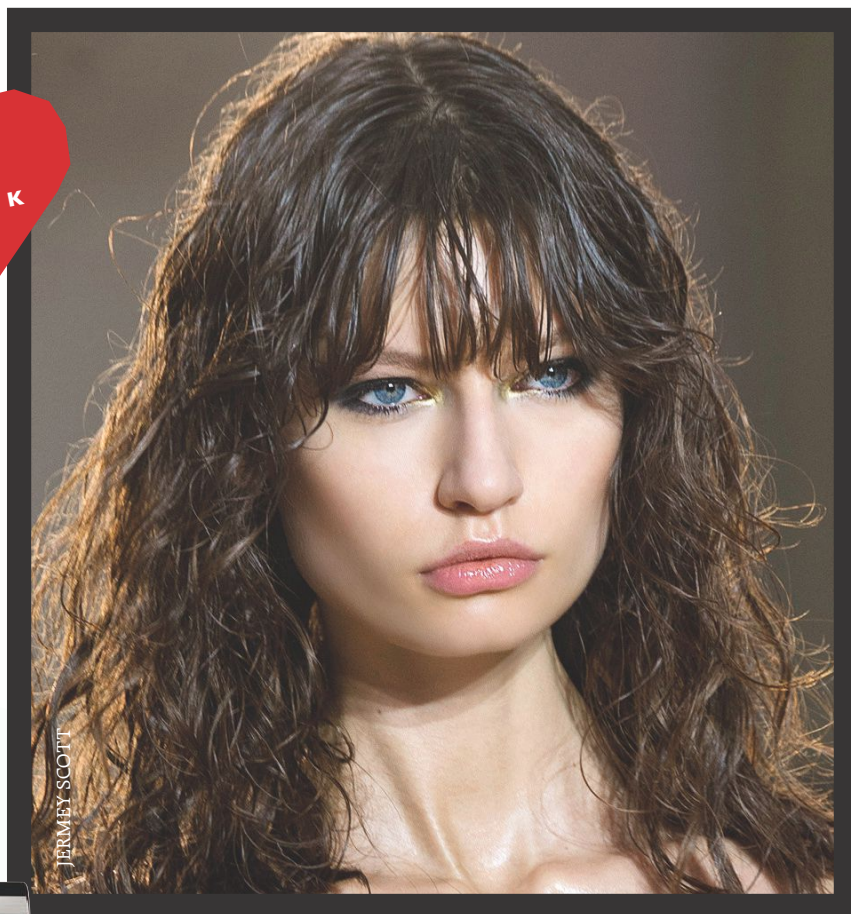


Mirrored sunglasses, Louis Vuitton Malletier, price on request



# GRAZIA BEAUTY

HOW  
WE  
WORK  
IT



*Where we spotted it*  
Julian Macdonald S/S 2017

## Why we loved it

The combination of carelessly tossed hair and bitten lips, stained with just a hint of colour has nailed what we want to look like this spring.

## Ways to work it

1. Ideally work with day old hair and spritz a bit of water to dampen and mould your curls and waves.
2. We like piling on the texturizing pastes and sprays – to give us better body and hold.
3. We recommend a wax for thick hair and a spray or serum for medium-fine hair. Work in the product and use a comb to brush it out.
4. Use your fingers to scrunch or create waves by taking slim sections of your hair and twirling tight.
5. Leave in the twirls while you finish off your make-up – sheer foundation, a hint of colour on your cheeks and lips, and lashings of mascara.
6. Run your finger through your hair just before you step out and envelop your head (with eyes closed) with setting spray.

- 1 Wella EIMI Stay Styled Workable Finishing Spray, ₹ 675 2 The Body Shop British Rose Lip & Cheek Stain, ₹ 995  
3 IsaDora Grand Volume Lash Styler, ₹ 1,750 4 BBlunt 3D Texturising Wax Paste, ₹ 250  
5 Lancôme Teint Idole Wear Foundation, ₹ 3,200/30 ML 6 Kiehl's Silk Groom Serum, ₹ 1,400  
7 Schwarzkopf Osis+ Mess Up texture (medium control), ₹ 850



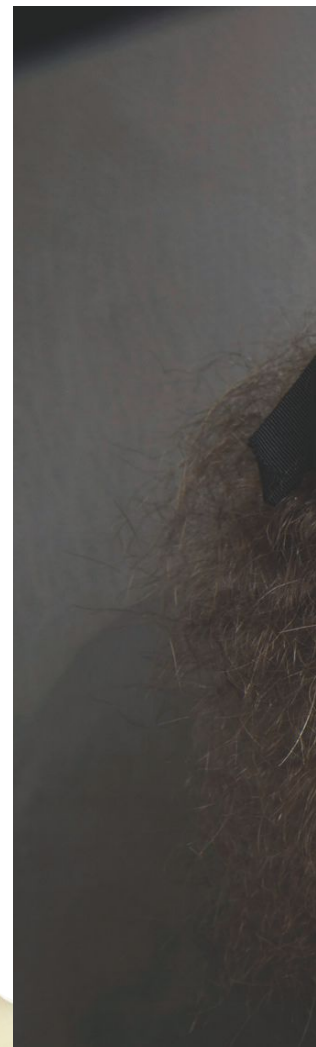


# THE BEAUTY BATTLE

Contesting the frontrunners of  
Spring/Summer 2017 trends

*Instead of bombarding you with a gazillion different beauty trends, we've made matters easy by pitting the best of Spring/Summer 2017 against each other. So what can you expect? Last year's shimmer is this year's sequinned dazzle – on our eyelids and lips. Bronze highlights have progressed on to become a full-fledged glaze. But not everything is quite so OTT. Alongside mermaid eyes (multi-coloured eyeshadows), is a celebration of baby bangs and freckled faces. If you want to play with colour – you have a choice between going smudgy or stark. Eyes can be kept naked or brushed with a two-toned colour.*

*No matter your mood, there's something to fit into it. Hair can be intricate with geometric partings and floral blooms, or plain via a natural parting and classic braids. As for your face – you can revel in easy matte tones with rosy-pink cheeks, or work in a glossy finish with blinding highlighters. What we have is a clear divide between safe and whimsical. Which side are you on?*





CARMEN MARC VOLVO



431-88 BY SHWETA KAPUR

### FRIZZY STRANDS

Humidity has us embracing our frizz. Ruffle out your ends, and set your crown with hairspray or bobby pins. Those with straight locks yearning for some character, crimp and tousle. As did designers Reem Acra, Carmen Marc Volvo, Dorhout Mees, and 431-88 by Shweta Kapur.

VS



ANUSHREE REDDY

### PLAITED BUNS

When tying your hair, go badass by sweeping a Bohemian braid into a topknot or bun. Runway shows such as Gauri & Nainika, Samant Chauhan, Malini Ramani, and Anushree Reddy had micro cornrows to macro milkmaid crowns and French plaits all jammed in together.



GAURI & NAINIKA



### FLOWER POWER

Flower crowns ruled the roost, spelling femininity loud and clear. Pretty posies went powerful and it didn't matter if you kept it real like Vriza by Rahul or Shikha or faked it like Tarun Tahiliani, Bora Aksu, Desigual and Michael Costello.



### STRIPED BANDS

Your new up-do makes a strong case with everyday elastic bands. Twist and twirl as many as you've got. Molly Goddard and Amit Aggarwal aligned them while Payal Pratap went wild and intricate. This hack is cheap yet so chic.



VS



### SYMMETRY

A typical middle parting can be sexy too. Even designers Ashima Leena, Urvashi Kaur, Gaurang Shah ask you to listen to your locks.

### ASYMMETRY

Sometimes all it takes is ditching that longstanding parting. Watch how Chromate and Alexander McQueen shook things up with zigzags or geometric designs – transforming you in two minutes or less.

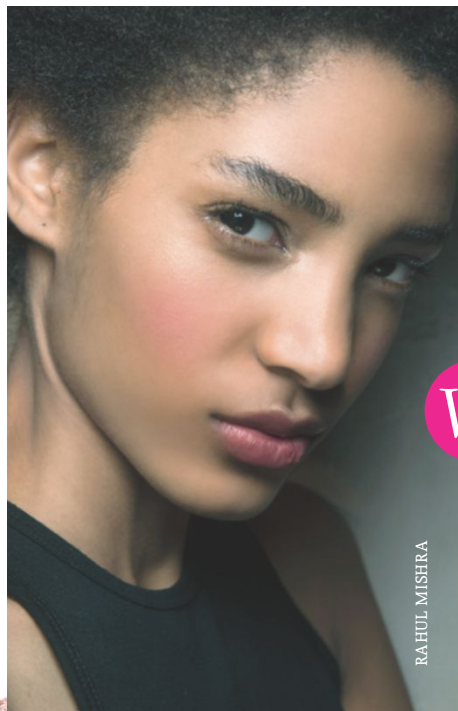


VS



### BABY FACE

The blush is back. Sport rosy pink cheeks, like at Rahul Mishra, Issey Miyake and Ermanno Scervino. Notice how they've all added just a mere hint of colour and not gone all out?



VS



### GO FOR GOLD

Bronzed-dewy skin is always a summer staple. Designers Ritu Kumar and Galang-Gabaan highlighted the face, and not just the model's cheekbones. While Sanchita and Missoni glazed it with gloss – on the face.



VS



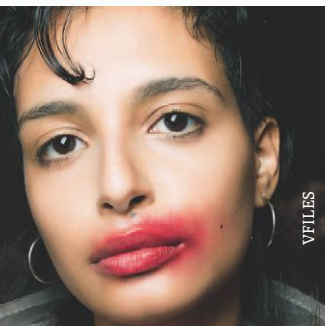
### TWO TONES

What's better than one swipe of coloured eyeshadow? Two swipes of coloured eyeshadow. Don't mistake it for mermaid eyes that go for gradation. For inspiration turn to Jill Stuart, Max Mara and Naushad Ali.

### NAKED EYE

Want to keep your lids bare but don't want to compromise on impact? Perfect that pout. Make it loud. And don't bother with rouge. DKNY, Mary Katrantzou, Acne Studios worked the nude.





VFILES

## SMUDGED COLOUR

The lazy person's guide to a smokey eye. A trend like this has you giving up on your lip liner too. Exercise your fingers for that late-night-early-morning vibe. The smudgier, the better. Like Kenzo, Vivienne Westwood, VFiles, and ILK by Shikha and Vinita.

## PRECISE COLOUR

Yellow brows, blue lashes, red T-zone, green lips... the unexpected took over the 2017 runway and splashed colour like never before. Our favourites? Haider Ackermann, Thom Browne, Salvatore Ferragamo, Pallavi Singh and Poochki, Gucci, Nishka Lulla – we can go on.

PALLAVI SINGH AND POOCHKI



TADASHI SHOJI

VS



HAIDER ACKERMANN



FENDI

VS

## SEQUINED POUT

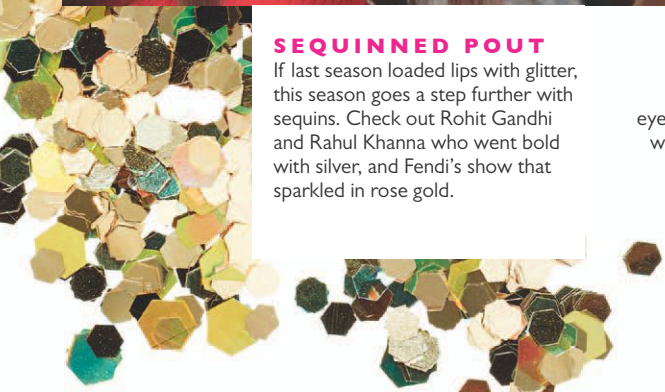
If last season loaded lips with glitter, this season goes a step further with sequins. Check out Rohit Gandhi and Rahul Khanna who went bold with silver, and Fendi's show that sparkled in rose gold.

## SEQUINED EYELIDS

Embellished eyelids are the new eyeshadow. Go ethereal with pearly whites as Vrisa by Rahul or Shikha, but if you'd like a dash of colour, Cividini swings both ways.



CIVIDINI







**AHAVA HYDRATION CREME MASK, PRICE ON REQUEST**

"The after effects of a successful weekend is dehydration. Precisely why this Dead Sea mineral-muddy mask amped with powerful moisturising ingredients works instantaneously."

Namrata Kedar, Fashion and Features Writer

**VICHY DOUBLE GLOW PEEL MASK, ₹ 1,500/75 ML**

"This mask is my remedy to hangover skin right before I hit the sack after a hard night out. It eliminates impurities and dead cells, while its Mineralising Thermal Water leaves my skin soft and supple. Try it, you'll know why it's worth the extra effort."

Aarti Tharwani, Art Director



**SHISEIDO BENEFIANCE WRINKLE RESIST PURE RETINOL EXPRESS SOOTHING EYE MASK, ₹ 5,250**

"Hours in front of the computer along with late nights have had adverse effects. But 15 minutes of this sheet at lunch hour corrects it."

Rajni Phatak, Editorial Co-ordinator



**EVE LOM RESCUE MASK, ₹ 4,742/100 ML**

"When it comes to cleansing and exfoliating, the one brand I have blind faith in is Eve Lom. Especially this weekly pick-me-up that's enriched with kaolin clay, camphor, ground almonds and honey."

Shradha Sardana, Photo Researcher and Writer (New Media)

**ELEMIS PRO-COLLAGEN CLEANSING BALM, ₹ 3,080/105 GMS**

"When warm, this balm dissolves my make-up and daily grime, but sets as a mask when chilled. Its precious starflower, elderberry and optimega oils are nourishing and anti-oxidizing; while rose and mimosa wax restore elasticity."

Aarthi Baliga, Features Writer (New Media)



**TEAM PICKS**

If the new year spells detox, clean up your act with these weekly at-home face spas



**KIEHL'S TURMERIC & CRANBERRY SEED ENERGIZING RADIANCE MASQUE, ₹ 2,950/75ML**

"The dirtier the face pack, the cleaner you get. A formula that seems nothing short of a homegrown blend, it actually delivers as promised – brightens and energises dull and fatigued skin."

Tanya Mehta, Senior Fashion and Features Writer



**INNISFREE IT'S REAL SQUEEZE MASK MANUKA HONEY, ₹ 100**

"Diving into the world of sheet masks at Innisfree is overwhelming. My first encounter was this sheet soaking with nutrient-rich honey from New Zealand's manuka flowers. It's been so good, I haven't tried another since."

Avani Juneja, Assistant Fashion Stylist

**FABINDIA PAPAYA FACE PACK, ₹ 275**

"As much as I loathe the fruit, papaya has been a skincare staple in my family for generations. This mask capitalises on the fruit's vitamin A, C, E and K which work like an all-in-one care potion. It's the only papaya I'll ever succumb to."

Sharbari Barua, Brand Manager







TIME  
TO

# TRANSFORM

Press pause and rethink your lifestyle choices, as did energy healer Jacqueline Bourbon

Words KARISHMA LOYNMOON



## FREAKY FACTS

"We're all spiritual beings and we're all interconnected. What I do influences you and vice versa. Where thought goes, energy flows. So be extremely careful when thinking about people and situations. Which is why you should look for the greater good and not just how it affects you"



**W**hat are the chances you'd sip green tea, as your friends get ready for a night about town? Or hit the gym and skip your movie plan? A detox would be easy if not for the many temptations around us. Which is why isolating yourself at Atmantan Wellness Resort is the only way to get started. Tucked into the lap of luxury and surrounded by

mountains, the property will have you shirking off unhealthy life choices and heal you holistically. Renowned London-based energy and spiritual healer Jacqueline Bourbon helps you reap the benefits as she cleanses your soul. Skeptics be warned – she's got something for you too.

**GRAZIA:** What exactly does energy healing do?

**JACQUELINE BOURBON:** It lets someone else help you boost your own natural energy. Two people make a connection and transmit energy. I pull in power through my oracle field into yours. It energises you. You feel a lot different from before.

**G:** How does it work?

**JB:** We take our energy for granted. But we use it all the time. If you have a choice, you're unconsciously letting your energy drive you. Like deciding where to sit in the restaurant or on the train. In today's modern world, where the pressure is high, we find ourselves depleted of natural energy.

**G:** We must walk into a session with an...

**JB:** Open heart and mind. Don't be sceptical. Often skeptics are most surprised because the spirit world has proven their power over us again and again. But there is always change. Either subtle or dramatic, it could be a few days or months. I trust in the power, and every person that comes in gets exactly what they need.

**G:** What about adverse effects?

**JB:** If you continue the terrible things you do to your body afterwards, the healing's going to have a limited influence. The wrong diet, not exercising, not much fresh air, stressful job or taking alternative substances like smoking and drinking depletes you of your natural energy. We're not just miracle workers. It requires cooperation. So if you've got diabetes, you need to give up sugar and other inappropriate foods. While the body rebalances, you have to be interested and responsible for what you put into your system.

**G:** What's the right way to pick and choose a healing treatment?

**JB:** You have to pick what's right for you. Your own intuition is extremely powerful, never ignore it. Learning how to follow it and trusting it is the key. If you don't get a good feeling about something, don't do it. You can ask people, but it also has to resonate with you. **||**

*To visit Atmantan, Mulshi, Pune, check [www.atmantan.com](http://www.atmantan.com) or call +91 20 6676 6666. For a session with visiting practitioner Jacqueline Bourbon, check on availability*



2

**CLINIQUE BERRY  
BLUSH GELATO  
CREAM, PRICE ON  
REQUEST**

All the blissful joy of indulging in a berry gelato, but none of the calories. Ban binge guilt with a lavish spread of this gorgeous tub of cream. It's so soothing – especially if you've skipped moisturising the past few days – and incredibly pampering.

The scent of mango blossom and mandarin are making us reach for healthier brekkies too.

3

**LANCÔME MIRACLE  
BLOSSOM,  
₹ 6,500/100 ML**

Fresh is as much a state of mind, as it is what we slather on ourselves, or tuck into. What helps it along, is scent, a repository of memory, with the power to create new ones. Our ultimate mood lifter this month is a reinvented classic, with fruity floral notes of Granny Smith apples, mandarins, rose, jasmine and peonies. What better way to brush away the cobwebs of last night?



4

**L'OCCITANE DIVINE  
HARMONY SERUM,  
₹ 12,000**

Made with 5,000 micro drops of a flower that never fades, the serum seems like something out of a fantasy novel. But the Immortelle Millésimée definitely exists and works miracles – regenerating skin and making you forget about last night's terrible decisions.



5

**AVON NUTRAEFFECTS  
FACIAL OIL,  
₹ 729/30 ML**

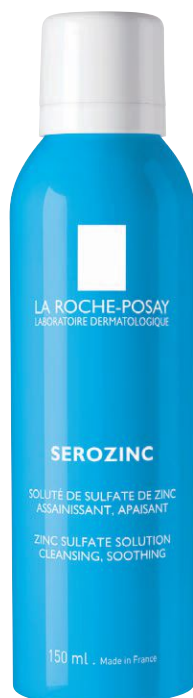
Think of it as an overnight facial. Its ingredients, including the Omega 6 and 9 fatty acid-rich marula seed oil, and antioxidant-rich green coffee oil, wipes away previous excesses and starts anew with rejuvenated skin. Just three drops of this lightweight fluid works wonders under your make-up too. Besides extra helpings of X'mas puddings, it also fights dull skin.



1

**LA ROCHE-POSAY  
SEROZINC MIST,  
₹ 800/150 ML**

A boon for those with oily and sensitive skin, this zinc infused mist acts as a mattifying toner, calms, and heightens your skin's healing process. Spritz on before you slap on your moisturiser and walk out with dewy skin, sans oil, sans shine.



**TOP 5  
HANGOVER  
RESCUES**

Whipped up potions to take the edge off



What's New  
BEAUTIFUL?

# BROW BOOSTERS

The BFF your brow needs

## MAYBELLINE

Fashion Brow Duo Shaper, price on request

**WHY?** Powders add volume and make your arches fuller and darker. This duo stick is sweet surrender – the pencil fills in your brows and the sponge tip powder smoothens it out.



M·A·C Brow Set, price on request

**WHY?** For those with unruly flyaways. Famous for adding finishing touches, this transparent mascara sets your lashes, and even tames baby hair.



RIMMEL Eyebrow Pencil, ₹ 225

**WHY?** Rookies start with pencils, especially those that come with a built-in grooming brush.



THE BODY SHOP Brow & Liner Kit, ₹995

**WHY?** For difficult brows that need contouring. Begin with the lighter shade and gradually darken for a seamless transition.



DIOR Diorshow Brow Styler Ultra-Fine Precision Brow Pencil, price on request

**WHY?** To mimic and multiply your brows. A pencil with a micro tip is essential to fill, define, shape and contour arches. The formula is soft, waxy, and comes in a retractable pencil.



BENEFIT Ka-Brow! Cream-Gel Eyebrow Colour With Brush, price on request

**WHY?** If your hair is fine, wax fills in the blank spaces. This one is highly-pigmented, without letting your brows scream and shout. It's also smudge-free and water-resistant.





# LONG HAIR, DON'T CARE

Want long, healthy and voluminous strands? We let you in on all the dos and don'ts of hair extensions



The Kardashian clan has always been a cause of major hair envy. Be it Kim's straight, shiny locks parted in the middle *a la* Morticia Addams, or Kylie's ever-changing hair – bubblegum and bob today, raven and waist-grazing tomorrow.

But if you think Kim waits for her hair to grow out, think again. The Kardashians are huge ambassadors of hair extensions. With a natural finish, they're the easiest way to fake healthy and voluminous hair without damaging your real locks. To find out more, we spoke to Loic Chapiro, Creative Art Director, Dessange, Mumbai.

**GRAZIA:** Tell us about the hair extensions at Dessange?

**LOIC CHAPIROX:** Ours are the closest you'll

get for a natural, real-hair look. We also aim to add length and volume to make it look dense and give you a healthy look.

**G:** How long do they last?

**LC:** Based on your hair type and the condition of your strands, they last about three to four months. You will have to take care of your extensions with silicone-free shampoos and conditioners. We also provide a maintenance brochure that explains how to take care of them for longlasting results.

**G:** Is it imperative for an expert to remove extensions?

**LC:** Yes, because we use a special extension gel remover to avoid hair damage. It is a painless process, and you shouldn't skip this step.

**G:** Does it weaken hair?

**LC:** Not if you have an expert doing it for you.

**G:** What do you have in store?

**LC:** We offer three kinds of hair extensions – hair extension by keratin point, flash bands with adhesive strips, and lastly, locks with clips depending on the requirement. As for highlighted hair, we import our hair extensions from France and are able to match any kind of colour and highlight.

**G:** Any dos and don'ts when it comes to maintenance?

**LC:** Detangle your hair everyday and tie it into a braid before you go to bed. Wash with a sulphate-free shampoo. We recommend Manketti Shampoo from Phytodess, available at our salon. Use a conditioner for dry hair preferably Crème Precieuse, Phytodess. Blast dry your hair starting from the roots.

Dessange Paris, Mumbai

Tel: 022-26000170/022-26000171



A few hair extensions are all it takes to bag that star-like bounce

Tried  
& Tested



**WHO:** Vinita Makhija, Junior Fashion Editor

**I TRIED:** MoroccanOil Hair Spa at MyGlamm

**WHAT'S THAT:** A rich, deep-conditioning treatment incorporating anti-oxidants that helps reduce the frizz in your hair.

**THE PROCESS:** The treatment starts with a hair wash leading to a quick but swift application of the hair masque. This masque is available in the salons but it's mixed with the MoroccanOil serum for this treatment. MoroccanOil's status is legendary and its anti-oxidant and hair-feeding nutrients need no introduction. This is followed by a neck, shoulder and head massage.

No steam or heat is required, and eventually the session concludes with a hair wash and blow dry.

**MY EXPERIENCE:** Honestly, hair spas are a luxurious experience to be enjoyed in the salons. However, if you are a homebody and would rather enjoy your Sunday afternoon at home curled up on your sofa and don't mind washing your hair in the sink – this MyGlamm service is for you.

**DETAILS:** ₹ 1,700 onwards

**LOCATION:** Book an appointment via your MyGlamm mobile app to enjoy this at-home service.





# LIQUID LIPSTICKS

Intense as lipsticks, easy as gloss – liquid lippies that stay put

TAMANNAAH BHATIA



20s

WORK



**NYX** Liquid Suede Cream Lipstick in Tea And Cookies, ₹ 850

SOIRÉE



**Max Factor** Lipfinity Lasting Liptint in Berry Burst, ₹ 795

COCKTAILS



**Stila** Stay all day liquid lipstick in Fiery, ₹ 1,860

**INSIDER TIP:**

Exfoliate for a flake-free canvas, since matte-liquid lipsticks highlight cracked or dry skin.

CHRISSY TEIGEN



30s



**M·A·C** Retro Matte Liquid Lipstick from Makeup Art Cosmetics Kabuki Magic in Sweet Thing, ₹ 1,850



**Revlon** Ultra HD Matte Lip Color in Spark, ₹ 1,195



**Maybelline New York** Color Sensational Velvet Matte Liquid Lipstick in Mat 11, ₹ 475

One swipe gets the job done. Want a loud pout? Try 2-3 coats. For an opaque consistency, blot off excess.

EVA MENDES



40s



**Chanel** Rouge Allure Ink in 142 Créatif, ₹ 2,800



**Illamasqua** Matte Lip Liquid in Exoskeleton, ₹ 1,627



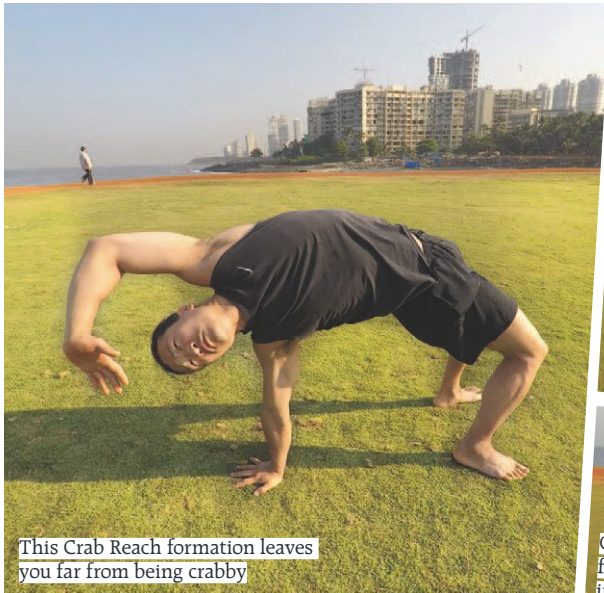
**Bobbi Brown** Art Stick Liquid Lip, ₹ 2,600

These long-lasting formulae tend to dehydrate lips, so moisturising is imperative. Use foundation to trace around your lips to fine tune the outline.

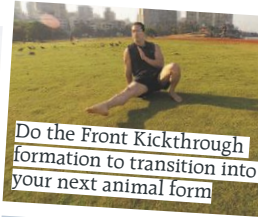


# ANIMAL INSTINCT

Channel the beast within to be your fittest best



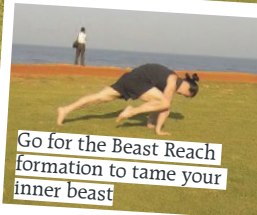
This Crab Reach formation leaves you far from being crabby



Do the Front Kickthrough formation to transition into your next animal form



Stinging your core is the Scorpion Reach formation



Go for the Beast Reach formation to tame your inner beast

## What

Animal flow is a fun yet challenging bodyweight training programme. It uses your own weight and gravity as resistance. It targets and tones muscle, increases mobility, flexibility, stability, power and endurance by also building a strong core.

## How

It mimics the movements of various animals like apes, scorpions, crocodiles, and crabs to target different areas of the body. Mixing and matching formations controls the intensity making it effective for beginners as well as athletes.

## Payoff

The intense activity's impact is individualistic. While a one-hour practise is a total regime, you can choose to integrate it with crossfit, mixed martial arts, even bootcamp.

## Bear in mind

Invest in a trainer to learn the correct form.

## Get with it

Certified fitness and personal trainer Nam conducts classes at Tangerine Arts Studio, Bandra and at The Space, Juhu, both in Mumbai. Email [trainingwithnam@gmail.com](mailto:trainingwithnam@gmail.com)

## HEAVY TONES

What we're reading for a fitter future



### Gorgeous – Eat Well, Look Great

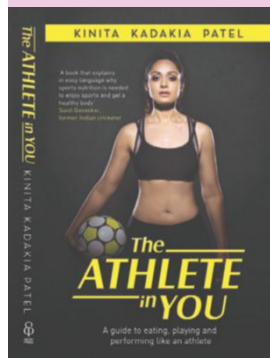
Harper Collins

Struggling to keep up with social obligations and fighting fit? Former model and Miss India International 1998 Shvetha Jaishankar puts together recipes, insights and experiences to help strike the balance.

### The Athlete In You

Penguin Random House India

Nutritionist and fitness expert Kinita Kadakia Patel inspires you to look and live like an athlete, by simply picking up a sport.

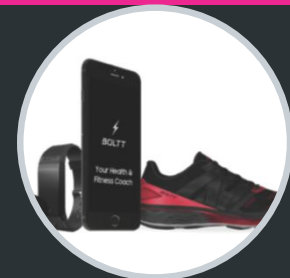


### The Detox Diet

Penguin India

According to celebrity nutritionist Shonali Sabherwal, health imbalances are caused when bad bacteria outdo the good ones. She reverses it by chalking out three detox plans, innumerable recipes and tips.

## #TRENDING



### ONE FOR ALL

Bolt Sports Technologies, a New Delhi-based startup connects three platforms (smart shoes, fitness bands and mobile apps) in one, powered by AI (Artificial Intelligence). It gives you a more intimate overview of your current level of fitness.



### HEAT AS THE NEW HIIT

HIIT (High Intensity Interval Training) workouts are so 2016. Try HEAT (High Energetic Athletic Training) instead. These routines are full-body, sports-based activities that strengthen your core, improve flexibility and increase cardiovascular endurance. Think boot camps, ballet barres, animal flow and bear crawling.

# BEAUTY REPORTER

Photograph: TARAS TARAPORVALA

## BROWS ON FLEEK

Are you ready to ditch all your products but still have an amazing set of eyebrows?



**O**ur obsession with our brows continue unabated. I currently own eight different brow products – of varied textures

assuring varied looks (although the end result always looks the same no matter what I use). On days when you don't want to use make-up, strong, well groomed brows give you major #girlboss vibes. It turns out there is an alternative to the eight brow products on my dresser (and the one pencil in my bag) – Microblading. Lumiere Dermatology run by Dr Kiran Lohia, in New Delhi, is the first clinic to offer this in India. Dr

Lohia spills the beans on it.

**GRAZIA: What is microblading?**

**DR KIRAN LOHIA:** It's a permanent technique of make-up, done using a tiny, angled blade made of even tinier needles. The blade is dipped in ink, and then lightly scraped across the skin in delicate strokes, mimicking hair.

**G: What kind of eyebrows would you recommend it for?**

**KL:** It can be done on any kind of eyebrows like arched, straight or bold, since it gives brows their natural look unlike other permanent make-up techniques, which make eyebrows look unnatural.

**G: What's the most realistic result you can expect from it?**

**KL:** In some cases the body totally absorbs the ink, and the semi-permanent tattoo totally disappears. In other cases, because of a variety of factors, including body chemistry, medication, or sun exposure, the pigment embroidery might even change colour.

**G: How long does the 'look' last?**

**KL:** Since microblading is done in feather-strokes, it lasts for about one to three years.

**G: How much does it cost?**

**KL:** ₹ 40,000 for one session.

**G: Are there any side effects?**

**KL:** None. But, the colour of brows might become lighter according to body metabolism or sun exposure.

**G: How long is the procedure and what does it feel like?**

**KL:** It's an extremely meticulous process, which takes two hours to complete. In the first hour, we are drawing the shape with removable pencil. It is the longest and most important step. During this step, the desired shape is chosen for clients. In the next hour, pigment is injected into skin through a special microblading pen that draws the individual strokes one by one.

**G: Can I use make-up over it?**

**KL:** Yes, once the area is healed, your new set of brows is selfie-ready. You can use make-up, rub it and even swim with it.

## HAIR RAISING TALES

A treatment that's customised to rescue your hair

**T**he future is a bit like a fairytale – talking mirrors (read smart TVs and screens) we're looking at you. The Kerastase Hair Coach powered by Withings is the closest to the vision – a smart hair brush connected to your app that updates you on your hair health, pointing towards the correct treatment required at that moment. But, it's going to take a while for us to get our hands on it. Until then, we're poking around the Kerastase Specifique range, that's addressing scalp problems faced in an urban environment, with a similar approach like the brush.

### POINT AND SHOOT

The diagnostic Kerastase camera zooms into the scalp to give an image that's 200X and hair strands up to 600X. It's not a pleasant experience to be quite so up close and personal, but it is revelatory. I was under the impression I had very greasy roots and very dry ends. The camera revealed a very clean, and not exceptionally greasy scalp, and strands that were in need of slight nutrition, not an entire smoothie. A new learning was seeing slightly red patches on my scalp – which led to the final

diagnosis – a sensitive scalp.

### INDULGE

Now diagnosed, my treatment started with a clay Masque applied to the roots, followed by a Specifique Scalp Soothing shampoo – both steps to detox. Step two is the Masque Hydra-apaisante, the most indulgent bit applied via a massage. The targeted cure/treatment is applied using a Micronizer, an air brush that dispenses the product for homogenous distribution.

### THE DETAILS

Kerastase has unfailingly delivered results, with many of their products becoming cult favourites (the Elixir Ultime and Fiber Architecte deliver on their promise to tame frizz). So it's no surprise that this treatment is more than just a treat. There are four variants, anti-hair loss, anti-dandruff, scalp soothing, and anti-oiliness – all designed specifically to combat the issues faced by women combating a city atmosphere.

*It's priced at ₹ 3,000 and is available at Dessange salons across the country*





# HOLIER THAN THOU

How to rescue your skin and hair after your Holi bash



## LIPS

Exfoliate with a scrub that nourishes with grains of sugar.  
**Dior Addict Lip Sugar scrub**, ₹ 2,500



This lightweight concentrate is charged with the omega-3 rich broccoli, flax seeds and daikon radish.  
**Elemis Superfood Facial Oil**, price on request

## FACE

Use a face wash that deep cleanses pores.  
**Innisfree White Pore Cleansing face wash**, price on request



## HAIR

Stick to traditional remedies – coconut oil – to condition and protect before the mischief begins.  
**Kama Ayurveda Extra Virgin Organic Coconut Oil**, ₹ 595



## BODY

Restore your glow with this supple anti-oxidising multi-purpose oil.  
**Kiehl's Superbly Restorative Argan Dry Oil**, ₹ 3,500



## GLOW WORMS

We've taken a shine to this Canadian complexion brand



In the words of Kerry Cole, Becca's Global Brand Ambassador and Style Director, "Perfection is yours to define". Becca, known for their superb highlighters, primers, colour correctors and foundations have finally landed in India. We spoke to Cole for details.

**GRAZIA:** The universal Becca product?

**KERRY COLE:** The Soft Light Blurring Powder. No matter your skin tone or type, it will set your look and act like a filter to blur pores and lines. It also prolongs the wear of your make-up.

**G:** What products do you begin and end your day with?

**KC:** Is coffee a product? Jokes aside, I cleanse my skin with a cleaning oil in the morning, and before hitting the sack, I use a rich moisturiser that has retinol.

**G:** What do you refrain from?

**KC:** I try my best to stay away from sugar. I find it causes my skin to break out and makes me a bit tired at the end of the day.

**G:** What's your beauty pet peeve?

**KC:** Foundation that's not the right shade, over-sculpted brows, and unblended contour.

**G:** One beauty do and don't.

**KC:** Do wear make-up that makes you feel your best, and don't worry about the rules.

**G:** Do you have favourites?

**KC:** Of course. I have oily skin and Becca's Ever-Matte Primer is the only product that keeps my skin shine free. Then come the First Light Priming Filter, because it brings my skin back to life after travel. And the Ultimate Coverage Complexion Crème because of its coverage that never makes my skin look cakey.

**G:** What do you think will work in India?

**KC:** The Ultimate Coverage Complexion Crème – it's perfect for the hot and humid climate. As well as our top seller, the Shimmering Skin Perfector Pressed Highlighter, that can be worn in many ways.

*Available at a Sephora near you*

Becca Ultimate Coverage Concealer in Praline, ₹ 3,920

Becca Under Eye Brightening Corrector, ₹ 2,670

Becca Shimmering Skin Perfector Luminous Blush in Camellia, ₹ 3,030

# GRAZIA

Easy  
CHIC



# LOVE LOVE LOVE

One size fits all?  
Nah. Highly  
customised solutions  
for your hair are now  
available in 1,00,000  
combinations

Photograph: KEEGAN CRASTO, Assistant Art Director: NIKITA RAO. Compiled by RUTUPARNA SOM



Kickstart your haircare with System Professional's  
Energy Code Complex. The Alpha Energy serum  
works on your scalp and strands to give you  
healthier bouncier hair

System Professional Alpha Energy: ₹ 4,500/100 ML



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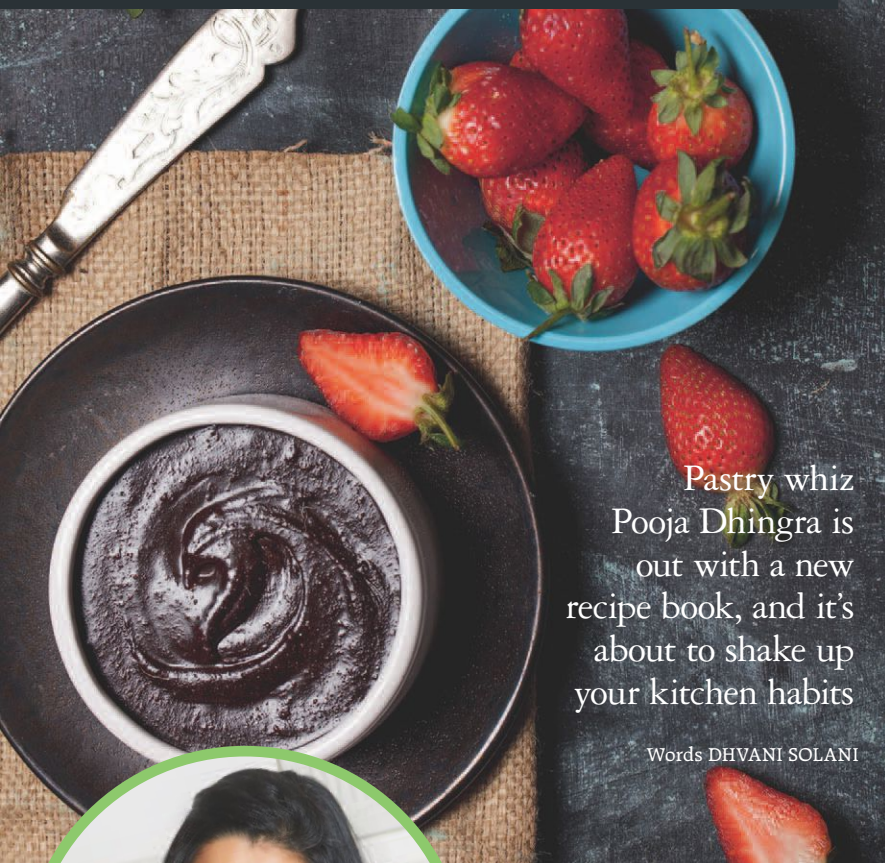


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# ALL GOOD, NO GUILT



Pastry whiz Pooja Dhingra is out with a new recipe book, and it's about to shake up your kitchen habits

Words DHVANI SOLANI



The last time we met, Pooja Dhingra was whipping up an exquisite avocado cheesecake with macadamia nut brittle for our 2016 anniversary issue, cajoling us to pop one more of her legendary macaroons between shots. It was a bit unfair though – the dessert whiz was off sugar and wouldn't take a single bite, leaving the calories for our

waistlines that neither demanded nor deserved them.

Little did we know then that this was prep work for her second and just-released book – *The Wholesome Kitchen*. For this one, she discards the very ingredients that have made her wildly popular (eggs, flour and sugar) for ones that will help nourish, energise, refresh, even indulge you – words that are borrowed for chapter headers too. She teams up with her sister-in-law and nutritionist Viddhi Dhingra to ensure that the end product is as nutritious, is locally grown, and devoid of any processed foods.

"In 2014, I went to New York to meet my best friend who lived on the fifth floor," she tells us over coffee in a nook of Le 15 Café, Mumbai, her cutesy eatery that's our not-so-secret hiding

spot in the maddening city. "Going up and down those stairs was a chore, and that's when it hit me, that I was so unfit at just 27." The one-time fitness junkie who had let her ingredients take over when she went to pastry school, came back with the goal of running a half-marathon. "My running coach left me in tears on the first day of training, but I ran the marathon that year."

For someone whose personal and professional lives have always intersected, the challenge was now to continue giving herself – and her clients – scrumptious treats, but with tweaks. In came the coconut oil, almond flour, cashew butter, homemade Nutella and date jam. "When I started coming to work with a gym bag, working on this book helped me sustain my plans. The kitchen was instructed to hide away things I couldn't control popping, and having Viddhi at home was the biggest bonus."

What we love about her book is that it makes it simpler for non-cooks to buy ingredients (local brands are mentioned), tells us things that might be basic for some, but not for us (eg: how to clean your salads), puts together recipes by famous fit folks (you'll find recipes for Alia Bhatt's favourite snack, Masaba Gupta's fruity popsicles, Sonam Kapoor's chocolate hazelnut truffles) and stocks your pantry with products your *sabziwala* will understand (green peas in the place of edamame). Some of the foods will also make it to her café counter. The next time you find us there, you might just see us with her Sneaky Cookie rather than our customary passion fruit macaroon.

*The Wholesome Kitchen* (₹ 799) is published by Hachette India



Photograph DANIEL SHECHTER

## MOCK BROWNIES

### INGREDIENTS

150gms hazelnuts	200gms seedless dates, chopped
20gms cocoa powder	75gms walnuts, roasted and chopped
¼tsp sea salt	2tsp coconut oil, melted

### METHOD

- Pulse the hazelnuts into a fine powder in a food processor.
- Add the cocoa and salt. Pulse. Add the dates. Pulse till it resembles breadcrumbs that stick together when pressed slightly. Add more dates, if it is too dry. Transfer to a bowl.
- Add the walnuts and coconut oil, and mix.
- Press into a six-inch baking pan or mould lined with butter paper.
- Refrigerate for six hours. Slice and serve.



A showstopper or a bar? This one does double duty



Edamame Truffle Money Bag

## The 'ELDER BROTHER' *you've always wanted*

This Asian gastropub is making sure our evenings are all things happy

The Tham trio has always delivered on their promise of new experiences in Mumbai. When papa Tham, Henry, opened his wildly popular eponymous lounge bar in Colaba more than a decade ago, he revolutionised the music scene through its world music nights. His sons – Ryan and Keenan – took forward his ambition of guaranteeing us great nights through their nightclub Trilogy. And then, with The Good Wife, they made sure we were well-fed too.

The brothers have now given us one more place to drown our sorrows in via their stellar Asian gastropub, KOKO. Keenan tells us that KOKO's actual meaning is 'elder brother' in Cantonese even though it's actually a metaphor for the roomy 3,500 sq ft space it's housed in. Not sold yet? We give you three stellar reasons that might change your mind: »

### ● YOU'LL LOVE THEIR MIXOLOGIST

If there's one thing the Thams know, it's that the secret to a good evening lies in great drinks. For KOKO, they've collaborated with master mixologist Dimi Lezinska who's stirred up cocktails at Cannes and Oscar parties. You might recognise him as the co-host of Discovery Channel's series *Cocktail Kings*. Here, your drinks might be spiked with the likes of *matcha*, *kahwa* tea, fresh broccoli juice, Parmesan or white chocolate. We hear the Tom Yum cocktail served in a soup bowl is the star.



Ryan and Keenan Tham know how to ensure you have a good night out

### ● YOU WON'T GO HOME HUNGRY

Keeping in tune with the excellent Asian food they've consistently delivered, the entrepreneur brothers have roped in a chef from Malaysia to serve you sumptuous Cantonese-style dim sums and sushi. Their amply stuffed dumplings will keep you happily satiated and though their dessert list deviates from their largely Oriental menu, it agrees with our dominant sweet tooth.



For those who'd rather sit down than stand up

### ● YOU'LL HAVE A SIGHT FOR SORE EYES

Cosying over cocktails? The table service at the booths and iconic high-backed chairs will make sure you do it just fine. But if you'd rather have some fun, get your drink at the pièce de résistance of this place – their 100-foot-long island bar. It appears to be floating, even as you spot one wall with Mahjong-style tiles. Keeping you company are also Chinese warriors that come into play with shadow art. Counting on this big brother to keep you company on many nights? Don't say we didn't warn you. **K**

AT: KOKO, Kamala Mills, Lower Parel, Mumbai. TEL: 022-61053939



# THE HEARTY ROAST & WEEKLY TOAST

Put your feet up and bask under the stars at this sumptuous backyard barbecue



Unwind beneath the pretty lights

It's time to wipe off the daily grime and be exported to serene seclusions. The best part? You don't have to set foot outside the city. The Hyatt Regency, Mumbai provides a sweet escape for your weekends, so sit back and indulge in a delectable cookout in the midst of a cozy ambience apt for cooler temperatures. The hotel's sprawling poolside area magically transforms into the ideal setting for an outdoor grill, providing the comfort of your own backyard combined with plush amenities. »

## MID WEEK MERRYMAKING

Speckled with glistening fairy lights, the outdoors are scattered with comfortable wooden benches and rustic burlap seats. Cute mason jars and vibrant Ferris wheels sit atop chequered tablecloths reminiscent of carefree picnics. The barbecue takes place every Tuesday and Friday, 7pm onwards. A cool selection of lawn games and activities ensures that your clique is entertained – there's a football table and mini golf for the sport enthusiasts. Classic board games like Jenga, Chess and Scrabble will keep you occupied, as you blow off steam with a chilled beer.

## APERITIF SUBLIME

Besides a generous array of delicious cocktails, chief bartender Vishal Hariharan has crafted the heady STAX Sling, a reinvented take on the classic Singapore Sling from the Raffles Hotel. A potent mixture of gin, lemon leaf and freshly squeezed orange juice is drizzled with a house-made cherry syrup. The dazzling drink is served in a tall glass perfumed with aromatic herb bitters and essential oils from fresh oranges, a total must-have. If you want to stick to the usual, then get a round of refreshing mojitos and white wine sangrias.

The STAX Sling for your evening fling



The succulent mushroom soy kebab

## AROUND THE WORLD IN ONE NIGHT

A platter of finger-licking Indian and international grills comprise the menu that evolves by the week according to the region – Greek, Australian, Middle-Eastern and American are some of the flavoursome cuisines. Signature dishes include a tantalising mushroom soy kebab, while the pork spare ribs are the ultimate magnum opus. The meat is expertly marinated in a heavenly concoction of port wine infused with cranberries, apples, walnuts and a burst of cloves and cinnamon lend an acute flavour. There's also a quintessential *Bhatti ka Murgh*, a zesty chicken replete with a smoky relish, cooked with chillies, garlic and whole spices. ■

Check in – Hyatt Regency, Sabar Airport Road, Ashok Nagar, Andheri East, Mumbai 400099. Tel 08015712035



# SMOKE AND MIRRORS

Take that as literally as you can, as The Boston Butt dishes an original smokery and charcuterie vibe

We're going to say it right away. We loved the name – The Boston Butt – the first time we heard of the smokery and charcuterie opening in the Kala Ghoda precinct, in Mumbai. Taking its name from a cut of pork shoulder (even though it sounds like the *derrière* of a hot American), we help you discover this cool new kid in town via numbers...

24

The all-American barbecue diner takes its *raison d'être* very seriously. Food is marinated for 24-36 hours which helps retain the juices and amp flavours.

120

Influenced by Texan and Louisiana smokeries, the meat



A slice of the Dixie states comes to Kala Ghoda

curing process lasts anything from seven days to as many as 120. To achieve that succulence, a lot of the menu stars are slow cooked for 12-15 hours.

1860

The era from 1860 to the start of prohibition in 1920 was the real golden age of cocktails which saw tipplers like the martini and daiquiri. And these are the gems on the menu. Our gin married the melon liqueur and sage

perfectly in our *Hello From the Other Side* drink.

18

The century from which the architecture here derives inspiration. Beveled windowpanes, papier-mâché busts of animals that we want to steal, and design reminiscent of the French Quarters in New Orleans – it's all there.

35

The number of veggie dishes on the menu, a really cool statistic for a charcuterie. We are fans of their house-made tacos and the ab fab Skillet Chocolate cookie.

AT: Rampart Row, Kala Ghoda Mumbai. CALL: 022 30151244



Yummies from their 'raw bar'

## GUT FEELINGS

Everyone's talking about gut health, and it's time you do too



This 2017, so far, you've dedicated yourself to a routine (or so we hope). You thought an alcohol-free Dry-nuary, working out and eating right was enough. But it turns out you need to turn the gaze inwards and ask yourself: Is my gut healthy? The digestive system – the cornerstone of our wellbeing – is the target of research this month, the healthy version of which helps build a strong immune system and aids general wellbeing (hello, glowing skin). Get help with these guys.

### EAT

The recently opened 212 All Good in Mumbai

makes its motto to only serve food that's good for your gut. Think indigenous produce, free of refined flours, artificial flavours and preservatives. Breakfast options include five kinds of granola with choice of kefir, milk or nut milk; for lunch go for a risotto of nettle and brown rice; and for dessert, pop a 70 per cent dark Karnataka chocolate. Sip on their botanical soda alongside.

### DRINK

Kefir – a slightly sour, liquefied version of yogurt – is the buzzword of the year. And Mo's Kefir is capitalising on it. Helming it is wellness chef Moína Oberoi who sources raw milk directly from a farm to supply cutesy bottles of the superfood to her south Mumbai clientele.

### READ

Just out is nutritional therapist Jeannette Hyde's book *The Gut Makeover* (₹ 864 on [www.amazon.in](http://www.amazon.in)), and it's making all the right noises. It comes with a four-week gut makeover plan + lots of recipes.



## SWAP IT

Fruity/ flavoured yoghurt		Natural yoghurt
Alcohol		Fizzy water with lemon
Coffee		Lemon or herbal teas
Other oils		Virgin olive oil/cooking oil
Processed cheese		Any smelly, French cheese



When there's a comfy bed and a great view to go with it, we've got no complaints



You know where to head if you're craving food that makes your knees weak

## In the LAP OF LUXURY

If you're looking to live the high life in the heart of Paris, we've got you covered

**Y**es, it sounds very cheesy when you say it, but there's a reason why almost everyone who travels to Paris has one social media post titled '*Paris Je T'aime*'. Simply because it's true. And nowhere is it more effortlessly lived than at the Mandarin Oriental. Located at Rue Saint-Honoré and just steps away from Palace Vendôme, the hotel's luxurious setting offers the perfect Parisian experience. Here's how you can live life like the stars. »

one of the most respected embroidery houses in the world. Having worked with every major designer in the country (think Dior, Chanel, Balenciaga, Jean Paul Gaultier, Oscar de la Renta) Maison Lesage embroiderers are the most talented, skilled, and trusted in haute couture. And here's the best part. You get to create your own bracelet under the guidance of these designers.

### ● CELEBRITY DINING

**WHAT:** Sur Mesure par Thierry Marx  
**WHY:** Run by Executive Chef and Culinary Director Thierry Marx, the Sur Mesure par Thierry Marx is the Mandarin Oriental's gastronomic restaurant.

Known for paying special attention to shapes, colours, textures and temperatures, Marx's Michelin star restaurant gives you the complete experience. And Jouin-Manku's all-white interiors only enhance that.



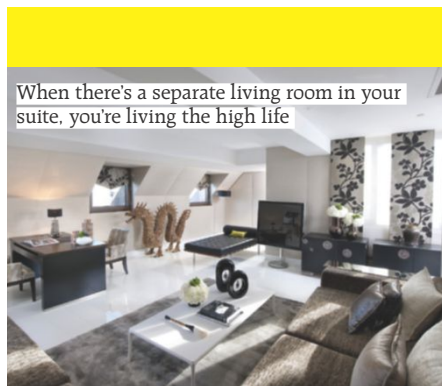
What makes for the perfect hotel experience? A pool and a spa

### ● CELEBRITY STYLE

**WHAT:** So Couture by Ecole Lesage Experience

**WHY:** The Mandarin Oriental is a dream vacation spot. By booking the So Couture by Ecole Lesage package, you won't just get a minimum two-night package at EUR 1,400 per night along with breakfast, but also chance at a private two-hour embroidery session at the embroidery school, Ecole Lesage. Being an embroiderer for a day also means you learn the art of the Lunéville hook and other needle techniques from

When there's a separate living room in your suite, you're living the high life



The lobby garden is as relaxing as it gets with cosy tables tucked away in a cluster of trees



### ● CELEBRITY STATUS

**WHAT:** A palatial getaway

**WHY:** Think of it as a way of distinguishing between regular five-star hotels and superstar hotels. The Mandarin Oriental has been awarded a 'Palace' distinction, the highest rating that can be given to any hotel in France. Bigger rooms than five-star hotels, more facilities, and impeccable service are only some of the things that are scrutinised by a jury. Currently only nine hotels in Paris have been given a 'Palace' distinction, and a total of 19 hotels have been awarded the distinction in all of France. **GI**



# THAT NEIGHBOUR DOWN SOUTH

Affordable, accessible, and way more than what meets the eye – Colombo in all its sunny goodness

It's an early morning flight, which as you can imagine means very little sleep. I've been at work all day, I'm tired, a bit cranky, but excited. I meet the fellow journalist I'll be travelling with, and it's an instant friendship. To add to the good cheer, we have all been upgraded to business class. It's my first time and I make sure the entire world knows, hurray for Instastories #humblebrag. We got lucky I was later told. Sri Lankan Airlines does not usually fly the Airbus 320 fleet with its plush cubical business class seats on the Mumbai to Colombo sector. The Diwali rush has brought on this spurt of luck. Too bad it was only a two and a half hour flight.

Touch down Colombo; it's late in the morning, it's warm, probably as warm as Mumbai, but my grumbling tummy won't let me think of anything other than food. First reactions to this new country; it's awfully similar to India, the people are unbelievably warm; they also look very similar especially given my South Indian lineage. But it's clean, the kind of clean that seems a distant reality back home. There is a consciousness among the people, a pride, and a desire to preserve. Later that afternoon over lunch at Semondu, one of the fancy new restaurants at the newly renovated Dutch Hospital complex (must try the Sri Lankan prawn curry rice) I engage Mr Saminda Pereira, General Manager, Marketing, Sri Lankan Airlines in a conversation about the Lankans' palpable

## TOP 5 THINGS TO DO

**The Sky Lounge:** Perfect for a sundowner with its endless view of the ocean, and a city that still looks under construction. Get into the island flair with one of their potent coconut based cocktails.

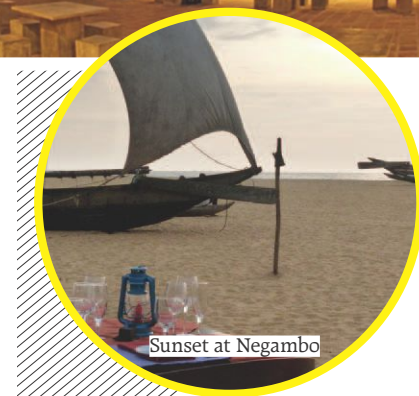
**Ministry Of Crab:** It's located in the Dutch Hospital shopping precinct. Besides the great food and ambience, it's people watching that I particularly enjoyed here. It attracts a cool bunch of tourists and locals with its scrumptious seafood.

**Underwater Safaries:** Explore the island's marine diversity by taking diving lessons or a scuba session with one of the lovable instructors here.

**Negambo:** At about an hour and a half drive away from Colombo, this is the perfect stretch of beach to unwind at. But come nightfall make sure you hit Lewis street with your dancing shoes in tow, and gear up for a great night.

**The Three by TPV:** The brain child of Swedish/Latvian trio Thomas, Patrick and Vadim, this store offers Sri Lankan made clothing and home decor with a visible Nordic design. It's unique and definitely worth a visit.

Dutch Hospital shopping precinct



Sunset at Negambo

energy and warmth. He recalls a time not to long ago of suicide bombers and civil unrest. It's only over the last decade that Sri Lanka has opened up to tourists. This renovated and rather charming Dutch Hospital equipped with shops and eateries might seem a bit touristy, but it's indicative of a new era for the country and seems a fitting place to start this adventure. **LG**





# THE CULTURE CHARTS

MOVIES, ART, BOOKS, AND MORE, HERE ARE OUR TOP PICKS OF THINGS THAT GOT US TALKING THIS MONTH

## #GIRLBOSS FAIL

Can't decide if you're a girlboss, or even want to be one? Join the gang



I've always been confused about the term 'girlboss'. I'm a cheerleader for appropriating the word 'girl' – I love its stereotypes, the gravitas extended to it thanks to 21st century feminism, and its simple allusion to my gender. But I dislike, or am confused about girlboss in the same way the point of Women's Day escapes me. How do we demand equality if we differentiate? And yet, the point of equal rights is also about celebrating differences between the many sexes, and acknowledging their strengths. But girlboss?

It's applied to our 'icons', the Beyoncé and Adeles of the world, with little thought and even flimsier explanation.

Yes, they're both great (and troublesome) advocates for race, size and gender issues, even for motherhood, or its trendier acceptance. But does dressing up as a goddess, no matter how good an album *Lemonade* might be, make one a girlboss?

Sophia Amoruso started a vintage eBay shop in 2006, that eventually grew into the online behemoth Nasty Gal (raising \$65 million in venture capital), that declared bankruptcy last year. But Amoruso had created something greater by then. Through her autobiography *#Girlboss*, she had created an identity, something aspirational, achievable, and vague enough to be applied to you, me and the bi\*\*\* next door. It's about to debut as a show on Netflix soon. Here's what she describes a girlboss as – "She gets what she wants because she works for it. As a #GIRLBOSS, you take control and accept responsibility. You're a fighter – you know when to throw punches and when to roll with them..."

It's satisfyingly jingoistic, embraceable, even Instagrammable. We are living in times that aren't just lauding mediocrity but are also accepting into the fold the freaks and geeks, celebrating their awkwardness and in turn making the very thing that set them apart, acceptable and mainstream.

So in all this, is girlboss really that different from being a normal, urban woman, with opinions, feelings, cravings, and bad hair days? Even if she's not, a part of me doesn't mind having her around – if only to believe there are icons of girlboss out there who aren't focussed so much on taking over the world, as they are on living a damn good life without Snapchatting the sh\*\* out of it.

They could be fictional – my favourites are Leslie Knope from *Parks & Recreation* (have you met a more annoying person who just gets the job done despite her crazy ideals?) and Selina Meyer from *VEEP* (narcissistic, hardworking, ball busting, surviving a misogynistic work culture). There are too many real life girlbosses – all of us will rightfully admit our mothers, sisters and besties deserve the title. Right now, I have stars in my eyes for the actual girl scientists at ISRO (Indian Space Research Organisation). Not all of them might have directly been involved with the recent launch of 124 satellites, but the fact that they're kicking it in an unexpected field for girls (and a personally ambitious one for me), is enough. Ritu Karidhal, Deputy Operations Director, Mars Orbiter Mission (who's been with ISRO for 18+ years), Nandini Harinath, Deputy Operations Director, Mars Orbiter Mission (who was handling her daughter's exams alongside the Mars mission like all diligent Indian mothers), and Anuradha TK, Geosat Programme Director at Isro Satellite Centre (launching communication satellites into space – a dream she's nurtured since she was nine years old, writing a poem in Kannada about a man landing on the moon).

Had I considered my childhood ambition to be an astronaut more seriously (therefore justifying destroying my mother's walnut coffee table drawing out a dashboard of 'buttons' with permanent marker), I'd like to think I might have joined the ISRO girls too.

But you know what? I can be a magazine word janitor and still be a girlboss. Cause I suppose that's what it's all about – owning yourself, no matter how short you might fall of your ultimate dream calling. ■



## DIGI-DETAILS FOR THE GIRL ON TOP

Up your game by accessing these informative websites

### WWW.CHIC-CEO.COM

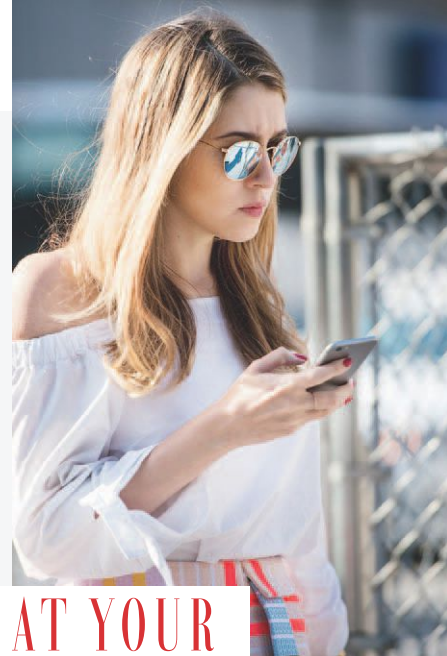
If you're looking to start around Ground Zero, this website should be your bible. It covers all the tips on building a business plan to managing a franchise. You'll also find an extensive list of book recommendations to stay ahead of the curve.

### WWW.GOGIRLFINANCE.COM

As the name suggests, this picturesque blog supplies information you require to manage your finances but didn't know where to look. Besides an extensive 'how-to' section, there are tricks about networking, freelancing and budgeting when you start your own business.

### WWW.FEMALENTREPRENEURSASSOCIATION.COM

This website is a vast resource of inspirational stories about women entrepreneurs across diverse fields. From young students starting something new to mothers exploring a new business, get to know everything about overcoming your personal challenges and converting a hobby into a career.



## AT YOUR FINGERTIPS

The sleekest must-have apps for the girl boss on the go

### EXPENSIFY

An airplane ticket for that last minute business trip or client dinners at the glitzy new Asian restaurant – bills add up. Instead of rummaging through the mountain of receipts in your handbag you can just take a quick picture of it on your smart phone and this nifty app will do the rest. Expensify acts as your 24/7 accountant keeping track of the miscellany of expenses without having to deal with pesky spreadsheets.

### RAKSHA

Burning the midnight oil can result in late night cab rides; preserving your safety in these situations is key. An app created to aid Indian women, Raksha allows you to alert loved ones with your location in an event of distress. Even if your cellphone is switched off or you find yourself in an area out of network, you can reach your friends and family by simply pressing the volume button on your phone three times.

### AWESOME NOTE

This modern day work diary lets you keep track of your schedule without carrying a cumbersome notepad around. Tasks, birthdays, reminders, every minute detail from your calendar can now be managed in one place.

### CAMCARD

While rolodexes may be obsolete, we all still struggle to find appropriate storage for important business cards. Instead of fishing out crumpled bits from your trousers, you can now just scan the card through your cellphone camera and assemble an organised library of your expansive business network.

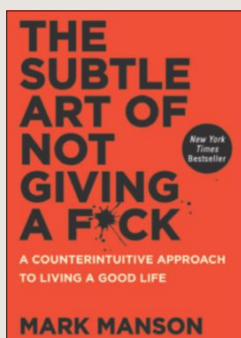
## AMP YOUR #GIRLBOSS LEVELS

Bookshelf recommendations for all levels of girlbossery

### LEVEL: ★

**MUST-READ:** *The Subtle Art of Not Giving a F\*ck* by Mark Manson

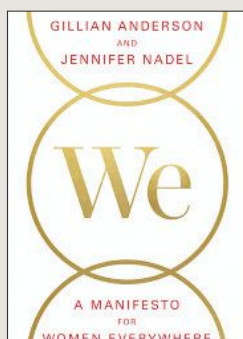
**WHY:** We love this one for the kickstart we need from time to time to remind us of finding what we love, valuing it, and letting go of other stuff. It's a bold confrontation of self and a great place to start off, ladies.



### LEVEL: ★★

**MUST-READ:** *We: A Manifesto for Women Everywhere* by Gillian Anderson and Jennifer Nadel

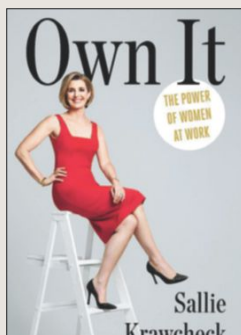
**WHY:** X-Files actress Anderson and journalist Nadel team up for this new release that reminds us that we need to stick together, stand up for each other and not compete against each other. We love it for being the timely antidote to the 'have-it-all' superwoman culture and its focus on what can make you happier.



### LEVEL: ★★★

**MUST-READ:** *Own It: The Power of Women at Work* by Sallie Krawcheck

**WHY:** If you were wary of business books telling women to act like men to advance in their careers, this one tells you otherwise. Krawcheck isn't interested in power being given to women and them being empowered, but in women leveraging the power they already have, for their own advancement and that of their companies – even the world.





# GRAZIA GRAB

The latest buzz on your favourite brands

## SMOOTH TALKING

**H**air removal is never pleasant. It's a messy affair either with hot wax slathered all over, or shaving, that sometimes leaves behind an aftermath of ingrowths, cuts and nicks. Sadly the latter is

also very temporary. Offering a permanent solution without having to leave the comfort of your home is iluminage Touch by Unilever available at [www.lookfantastic.co.in](http://www.lookfantastic.co.in). FDA-approved, its hair removal technology has long-lasting results on all skin tones, irrespective of the colour of your hair (blond, brunette, black or red). Used by dermatologists across the world, it's safe and effective and takes about seven weeks for results to show. At the end you're assured 95 per cent hair reduction. iluminage is also safe for face and body. Click on Lookfantastic today to bid adieu to hair issues and embrace soft, smooth and clear skin thanks to this new technology.



## HAUTE HOMES

**W**e love the idea of Hugo Boss dressing not just us, but also our homes. Our homes are a reflection of who we are, so why not adorn our bedrooms and bathrooms with designer bath and bed linen?

Available exclusively at Surprise Home Linen, Mumbai, the partnership between the two has been a success for multiple seasons, catering to loyal customers who appreciate the Boss design.

A new collection of bed linen finds its inspiration from the aesthetics of nature and architectural structures. In rich satin and cotton, the sheets, duvets and pillow covers combine simplicity with modernity and elegance.

The Hugo Boss Home range of bed linen is made from super fine 300TC



100 per cent cotton satin, while the bath linen consisting of plush towels, napkins and robes are in 500GSM high absorbent cotton. If you want to spend on home goods, head to the Surprise Home Linen store in Mumbai to stock up.

## STRAP THEM ON

**I**n the market for new baubles? Head to [www.rockrush.com](http://www.rockrush.com), an e-tailer that brings you diamond jewellery to your doorstep.

Designed for urban women who are bold, uninhibited and unafraid to take risks, the jewellery reflects the same.

Having recently launched their 'Watch Charms' collection, each charm is as unique as the person wearing it. Add one or multiple ones to your watch for an arm party that is likely to get you several compliments. It's time you ditch your usual bracelets, because one statement piece is all you need.

Find them on Instagram @rockrush



# HOROSCOPE

Our pilot for the future – angel therapist, psychic healer and author Tamanna C, preps us for the month ahead with practical advice gleaned from the stars



## PISCES

Feb 19 – Mar 20

**BODY:** Head, eyes and shoulder-related issues will need attention till March 13. Minimise snacking on junk food, as enticing as it might seem.  
**MIND:** If you've taken on a responsibility, make sure you deliver on it.  
**SOUL:** Be in a state of acceptance. Stop trying to change what's beyond your control.  
**KARMIC TIP:** Be more attentive.



## ARIES

Mar 21 – Apr 20

**BODY:** This is the month to pamper yourself. While eating patterns may be balanced, sleep might not be.  
**MIND:** Stop overanalysing what people say.  
**SOUL:** Be assertive, but without intimidating others.  
**KARMIC TIP:** Stop worrying about others judging your choices/actions.



## TAURUS

Apr 21 – May 20

**BODY:** Minor allergies and eye-related issues will need attention till March 22. Control the pill-popping; go with home remedies instead.  
**MIND:** You've been seeking approval from others a bit too much. Stop.  
**SOUL:** Take up a passion or hobby that will help break through the mundanity of routines.  
**KARMIC TIP:** Don't take things personally.



## GEMINI

May 21 – Jun 20

**BODY:** Muscle or nerve-related issues might crop up. Instead of Googling symptoms and self-medicating, book an appointment with a specialist.  
**MIND:** Focus on one thing at a time. Trying to do too much will frustrate you.  
**SOUL:** Be open to advice and guidance from others.  
**KARMIC TIP:** Don't be insecure about your relationships.



## CANCER

Jun 21 – Jul 22

**BODY:** Your lethargy has led to procrastinating on taking up an activity. Take charge before it overwhelms you.  
**MIND:** You don't have to overpromise to make others happy. You will end up exhausting yourself.  
**SOUL:** Avoid blaming yourself for the choices of others.  
**KARMIC TIP:** Be patient.



## LEO

Jul 23 – Aug 23

**BODY:** Sunstrokes, headaches or migraine might trouble you till March 14. Keep yourself well hydrated.  
**MIND:** You need to stop looking for closure and logic about things in your past. Let them go.  
**SOUL:** Learn to say 'no' to people and things that don't make you happy.  
**KARMIC TIP:** Prioritise your life.



## VIRGO

Aug 24 – Sep 22

**BODY:** Back and stomach sensitivity might bother you mid-month. Don't let mental stress affect your body.  
**MIND:** Stop jumping to conclusions and decisions by taking occurrences at their face value.  
**SOUL:** Believe in what you think is right for you.  
**KARMIC TIP:** Be more compassionate.



## LIBRA

Sep 23 – Oct 23

**BODY:** Eating patterns will be disturbed so you will have to make a conscious effort to balance them.  
**MIND:** You need to be more patient. Everything cannot and will not move at your pace.  
**SOUL:** Be more balanced. Don't carry work stress home and vice-versa.  
**KARMIC TIP:** Be more expressive.



## SCORPIO

Oct 24 – Nov 22

**BODY:** Don't take your body for granted. Give it the TLC it deserves.  
**MIND:** Give up the need for everything to be perfect.  
**SOUL:** Be discreet about your emotions as people might not understand them.  
**KARMIC TIP:** Don't take things personally.



## SAGITTARIUS

Nov 23 – Dec 21

**BODY:** Your stomach and throat might be sensitive from mid to end-March.  
**MIND:** Avoid being aggressive just to prove a point.  
**SOUL:** Be gentle with yourself. It's okay to make mistakes.  
**KARMIC TIP:** Let bygones be bygones.



## CAPRICORN

Dec 22 – Jan 20

**BODY:** Skin sensitivity and food allergies might pester you. Take extra note of what you eat and where.  
**MIND:** Be more decisive.  
**SOUL:** Deal with relationships gently.  
**KARMIC TIP:** Discard the use of needless sarcasm – it might backfire.



## AQUARIUS

Jan 21 – Feb 18

**BODY:** While health is stable, an erratic and hectic life might cause exhaustion.  
**MIND:** Be more flexible when dealing with people at work.  
**SOUL:** Be expressive about your expectations from people.  
**KARMIC TIP:** It's okay to place your trust in others.



Pisceans with Rihanna as their star sister need to amp their attention levels



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**ZARA**  
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# GET IT

## BEFORE IT GOES...

In the heart of spring can mean only one thing – it's time to take our floral lust to a whole new level



*Wear with a boho swing dress.*  
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